

# RecConnect

WAKE FOREST PARKS & RECREATION



## Summer Camps and Programs



Enhancing our community's quality of life one resident at a time!



# Upcoming Events

## Six Sundays in Spring

Sundays, Apr 27-Jun 1 ~ 3:00 pm-7:00 pm  
E. Carroll Joyner Park, 701 Harris Rd.

Join us for this popular community event. Bring a lawn chair and enjoy live music at the park.

## Concert in the Park

Sunday, Aug 3 ~ 5:00 pm-7:00 pm  
E. Carroll Joyner Park, 701 Harris Rd.

Bring a lawn chair and enjoy the free two-hour concert.

*June 1st and August 3rd shows are presented by PineCone: The Piedmont Council of Traditional Music. Shows are co-sponsored by the Wake Forest Parks & Recreation Department, Wake Forest ARTS and United Arts of Raleigh and Wake County.*



## RecConnect

June-August 2014

**The Wake Forest Parks & Recreation Department seeks to enhance the lives of the citizens of Wake Forest by offering a comprehensive system of parks, greenways, facilities, and open spaces, coupled with cultural and athletic programs, that promote education, health, and wellness.**

Wake Forest Parks & Recreation Department  
301 S. Brooks St., Wake Forest, NC 27587  
919-435-9560

Office Hours: Monday-Friday, 8 am-5 pm

[www.wakeforestnc.gov/parksrecreation.aspx](http://www.wakeforestnc.gov/parksrecreation.aspx)

## Administration

- Administration/Recreation Office .....919-435-9560
- Fax (919) 435-9499
-  **WEATHER LINE** ..... **919-435-9569**
- Facility Maintenance Division ..... 919-554-6184
- Parks & Recreation Director  
Ruben Wall..... 919-435-9561
- Athletics Superintendent  
Edward Austin..... 919-435-9562
- Programs Superintendent  
Cindy Ferguson..... 919-435-9563
- Recreation Specialist  
Meghan Hawkins ..... 919-435-9457
- Office Assistant  
Rosemary Pimentel..... 919-435-9564
- Urban Forester  
Evan Keto ..... 919-435-9565
- Wake Forest Renaissance Centre Manager  
Pamela Stevens ..... 919-435-9560
- Centre Specialist  
Cathy Gouge ..... 919-435-9560
- Maintenance Superintendent  
Jimmy Thrift ..... 919-554-6184
- Maintenance Crew Supervisor ..... Randy Hoyle
- Maintenance Specialist ..... Andrew Adcock
- Maintenance Specialist ..... James Brantley
- Maintenance Specialist ..... Daniel Conyers
- Maintenance Specialist ..... Kyle Keaton
- Maintenance Specialist ..... Terry Medlin
- Maintenance Specialist ..... Jonathan Ray
- Maintenance Specialist ..... Mike Underhill
- Flaherty Park  
Community Center..... 919-554-6726
- Facility Supervisor ..... Beth Jones
- Facility Supervisor ..... Charles Grant
- Facility Supervisor ..... Gloria Crudup
- Facility Supervisor ..... Stella Daniska
- Alston-Massenburg Center ..... 919-554-6189
- Facility Supervisor ..... Laura Ficken
- Facility Supervisor ..... Quentin Jones

# Registration

## Forms and Fees

The registration form is located at the back of this brochure. Complete one registration form per participant.

1. Please print all information.
2. Non-residents pay an additional fee for athletic programs and swim lessons.
3. Read and sign all appropriate forms.
4. Make full payment.

**Note:** The Wake Forest Parks & Recreation Department reserves the right to alter schedules, fees, and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached. Classes are subject to instructor availability. **In preschool programs where parent participation is not required, children must be potty-trained in order to participate.**

### PARENT PARTICIPATION POLICY

The Wake Forest Parks & Recreation Department offers individualized skills programs for children; parents will not be allowed to participate during the session. Parents are only permitted to attend sessions when the instructor requires parent participation.

### INSTRUCTOR BACKGROUND CHECK POLICY

All departmental staff and instructors are required to have a background screening by the Town of Wake Forest before they can begin employment.

### NON-RESIDENT FEES

Anyone residing outside the corporate limits of the Town of Wake Forest is encouraged to participate but may be assessed an additional non-resident fee.

## Class Registration

Preregistration is required for all programs. To register for a class, an individual must complete a registration form. Full payment must be made at the time of registration. Class registrations will be accepted up to two business days before the program's start date as long as space is available and unless otherwise noted in this brochure.

### ONLINE REGISTRATION

Online registration for all classes is accepted **March 3-April 30**. Visit [www.wakeforestnc.gov/parksrecreation.aspx](http://www.wakeforestnc.gov/parksrecreation.aspx). After online registration ends, if spaces are still available in the class you may still register in person. Please contact the appropriate class site for more information. Online registration is not available for summer camps.

### WALK-IN REGISTRATION

Walk-in registration for all classes begins **Monday, March 3** at the class sites as listed below:

Registration for programs held at Flaherty Park Community Center is accepted at Flaherty Park. The center is located at 1226 N. White St.

Registration for programs held at the Alston-Massenburg Center is accepted at the center located at 416 N. Taylor St.

Registration for programs held at the Cottage at Olde Mill Stream and the Wake Forest Community House is accepted at Wake Forest Town Hall, 301 S. Brooks St.

### MAIL-IN REGISTRATION

Mail-in registration for all classes begins **Monday, March 3**. Registration forms should be sent to Wake Forest Town Hall, 301 S. Brooks St., Wake Forest, NC 27587.

## Class Refund Policy

Class fees are 100% refundable when the class is canceled by the Wake Forest Parks & Recreation Department.

Anyone wishing to withdraw from a class that has not been canceled by the Parks & Recreation Department must request a refund, in writing, at least ten business days before the start of the class. Refunds will not be given for withdrawals made less than the ten business day period other than for verified medical/hardship cases.

## Athletic Registration

Athletic registration forms will only be accepted during the advertised registration period. Early registrations will not be accepted.

### MAIL-IN REGISTRATION

Athletic registration forms may be submitted by mail but must be postmarked no later than the last day of registration. Forms will be made available during registration periods only. **Birth certificates are required at the time of registration.**

### WALK-IN REGISTRATION

Walk-in registration will occur at Wake Forest Town Hall, 301 S. Brooks St., during regular business hours, Monday-Friday, 8 am-5 pm. See registration dates for athletic leagues on page 16.

### ONLINE REGISTRATION

Online registration for youth athletics is available during specified registration dates, **for returning players only**. To use our online registration, follow the link from the Youth Athletics page on the town's website at [www.wakeforestnc.gov/parksrecreation.aspx](http://www.wakeforestnc.gov/parksrecreation.aspx).

## Athletic Refund Policy

Anyone withdrawing from an athletic program must request a refund, in writing, in order for a refund to be processed. Fees are 100% refundable if requested before participant's first assigned team practice.

## Day Park Summer Camp

### WALK-IN REGISTRATION ONLY

Registration will be accepted **March 3-April 11** at Wake Forest Town Hall, 301 S. Brooks St. during regular business hours, Mon-Fri, 8 am-5 pm. A copy of the child's birth certificate must be presented at the time of registration. Participants must be age six on or before June 1, 2014.



## Summer Camp Programs

### WALK-IN AND MAIL-IN REGISTRATION ONLY

Registration for summer camp programs begins **Monday, March 3**. Walk-in registrants should register at the site of the summer camp program. Mail-in registrations should be sent to Wake Forest Town Hall, 301 S. Brooks St., Wake Forest, NC 27587. A copy of the child's birth certificate must be presented with the registration form. Participants must meet the age requirement in order to register.



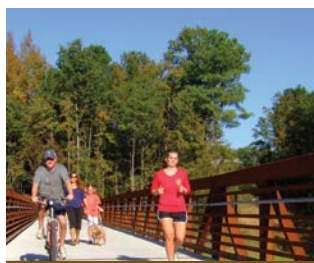
PARKS & RECREATION

# Facilities

- Parks and greenways are open daily from dawn until dusk.
- Smoking is limited to parking areas only.
- Alcoholic beverages are prohibited.
- Use of personal grills (gas or charcoal) is prohibited.

\* **Note:** Heritage High School Park is open to the public after 6 pm on weekdays and dawn to dusk on weekends.

For additional information, visit [wakeforestnc.gov/residents-parksrecreation\\_facilities.aspx](http://wakeforestnc.gov/residents-parksrecreation_facilities.aspx) or call 919-435-9560.



Paved (P), Soft Trail (S)  
Length in Miles

**GREENWAYS**

<b>E. Carroll Joyner Park</b> 701 Harris Rd.	P S	3.0 mi. .5 mi.
<b>Dunn Creek Greenway</b> 690 Heritage Lake Rd.	P	1.0 mi. .3 mi*
<b>H.L. Miller Park</b> 401 Elm Ave.	P	.4 mi.
<b>Heritage High School</b> 1150 Forestville Rd.	S	.8 mi.
<b>J.B. Flaherty Park</b> 1226 N. White St.	P	.25 mi.
<b>Kiwanis Greenway</b> 706 S. Franklin St.	P	.25 mi.
<b>Richland Creek Olde Mill Stream Greenway</b> 901 Barnford Mill Rd.	P	.45 mi.
<b>Sanford Creek Heritage South Greenway</b> dead end of Marshall Farm St.	P	.85 mi. 1.3 mi.**
<b>Smith Creek Burlington Mills Greenway</b> 2912 Burlington Mills Rd.	P	1.15 mi.
<b>Smith Creek Soccer Center</b> 690 Heritage Lake Rd.	P	.63 mi. 1.1 mi.**
<b>Tyler Run Park</b> 830 Pineview Dr.	P	.12 mi.
<b>Wake Forest Reservoir</b> Traditions Grande Blvd.	S	1.6 mi.

\*Downtown Connector section (.3 mi.) to be completed 2015.

\*\*Smith/Sanford Creek Greenway (2.4 mi.) to be completed 2015.



**PARKS**

	Acres	Amphitheatre	Baseball/ Softball Field	Basketball Court	Community Center	Dog Park	Flower Garden	Greenway	Grill	Open Space	Picnic Shelter	Picnic Tables	Playground (ADA #)	Pond	Swimming Pool	Restrooms	Soccer Field	Tennis Court
<b>Ailey Young Park</b> 800 Juniper Ave.	15		●	●					●		●	●	●			●		
<b>DuBois Park</b> 518 N. Franklin St.	0.4			●									●					
<b>E. Carroll Joyner Park</b> 701 Harris Rd.	117	●					●	●	●	●	●	●		●		●		
<b>H.L. Miller Park</b> 401 Elm Ave.	2							●				●						
<b>Heritage High School*</b> 1140 Forestville Rd.	25		●	●				●								●	●	●
<b>Holding Park</b> 133 W. Owen Ave.	5		●	●	●				●	●		●	●		●	●		
<b>J.B. Flaherty Park</b> 1226 N. White St.	100		●	●	●	●		●		●	●	●	●	●		●		●
<b>Kiwanis Park</b> 400 E. Holding Ave.	1							●			●		●					
<b>Plummer Park</b> 965 Jones Wynd	0.5										●	●	●					
<b>Smith Creek Soccer Center</b> 690 Heritage Lake Rd.	17							●	●		●	●	●			●	●	
<b>Taylor Street Park</b> 416 N. Taylor St.	1.5				●		●				●	●	●			●		
<b>Tyler Run Park</b> 830 Pineview Dr.	9		●	●				●				●	●					



**COMMUNITY CENTERS & FACILITIES**

	Classroom	Game Room	Gymnasium	Kitchen	Meeting Room	Performance Stage	Swimming Pool	Available for Rent
<b>Alston-Massenburg Center</b> 416 N. Taylor St.   919-554-6189	●				●	●		●
<b>Cottage at Olde Mill Stream</b> 901 Barnford Mill Rd.	●							
<b>Flaherty Park Community Center</b> 1226 N. White St.   919-554-6726	●	●	●	●	●			●
<b>Holding Park Pool</b> 133 W. Owen Ave.							●	
<b>Wake Forest Community House</b> 133 W. Owen Ave.	●			●				●
<b>Wake Forest Renaissance Centre</b> 405 S. Brooks St.				●	●	●		●

Download the free Town of Wake Forest app to access maps to the parks. Search for "Town of Wake Forest" on iTunes, in the iPhone app store, or in Google Play. [www.wakeforestnc.gov/app.aspx](http://www.wakeforestnc.gov/app.aspx).



*The dog park at J.B. Flaherty Park provides a place for dog owners to let their pets run free, safely and legally, without a leash.*



# PARK & FACILITY Rentals

E. Carroll Joyner Park  
Performance Garden



Alston-Massenburg Center



Wake Forest Community House



The following facilities can be rented for special events. For additional information, please contact the Wake Forest Parks & Recreation Department at 919-435-9560.

## E. Carroll Joyner Park

701 Harris Road

### Amphitheater

The 1,000-lawn seat amphitheater is a great location for family reunions, church programs, and other activities.

**Deposit:** \$100

**Rates:** **MONDAY - FRIDAY:**  
**Half-Day:** \$150  
8 am-2 pm or 3 pm-Dusk  
**Full Day:** \$250  
Dawn-Dusk

**SAT-SUN & HOLIDAYS:**  
**Half-Day:** \$200  
8 am-2 pm or 3 pm-Dusk  
**Full Day:** \$400  
Dawn-Dusk

### Performance Garden

The intimate setting is a great location for small family gatherings, weddings, receptions, and other similar activities.

**Deposit:** \$100

**Rates:** **MONDAY - FRIDAY:**  
**Half-Day:** \$75  
8 am-2 pm or 3 pm-Dusk  
**Full Day:** \$150  
Dawn-Dusk

**SAT-SUN & HOLIDAYS:**  
**Half-Day:** \$100  
8 am-2 pm or 3 pm-Dusk  
**Full Day:** \$200  
Dawn-Dusk

## Open Space Rental

Reserve open space at Holding Park, Flaherty Park and E. Carroll Joyner Park.

**Deposit:** \$100

**Rates:** \$15/hr., 2 hr. minimum

## Athletic Field Rental

**Deposit:** \$100

**Rates:** **Hourly:** \$25 (no lights)  
*Plus additional \$30 field prep fee*

**Lights:** \$15/hr.

## Alston-Massenburg Center

416 N. Taylor St. | 919-554-6189

Available for weddings, receptions, family reunions, and other activities.

### Large Meeting Room (available Sat-Sun only)

**Deposit:** \$100

**Rates:** **Half-Day:** \$200  
8 am-3 pm or 5 pm-Midnight  
**Full Day:** \$400  
8 am-Midnight

**Seating:** 24 tables, 125 chairs available

## Wake Forest Community House

133 W. Owen Avenue

Available on weekends (Fri-Sun) for family reunions, weddings, receptions and other activities.

**Deposit:** \$100

**Rates:** **Half-Day:** \$200  
8 am-3 pm or 5 pm-Midnight  
**Full Day:** \$400  
8 am-Midnight

**Seating:** 23 tables, 170 chairs available

## Flaherty Park Community Center

1226 N. White St. | 919-554-6726

### Gymnasium (available Sat-Sun only)

**Deposit:** \$100

**Rates:** \$80/hr., 2 hr. minimum  
*Additional \$15/hr. supervisory fee for after hours: 5 pm-Midnight*

**Seating:** Tables and chairs must be rented from an outside vendor. Tables must be 6' and all tables and chairs must have rubberized tips.

### Meeting Room (available Sat-Sun only)

**Deposit:** \$100

**Rates:** \$40/hr., 2 hr. minimum  
*Additional \$15/hr. supervisory fee for after hours: 5 pm-Midnight*

**Seating:** 4 tables, 20 chairs available

## Wake Forest Renaissance Centre

405 S. Brooks St. | 919-435-9560

Available for rentals beginning March 3 for concerts, exhibits, plays, recitals, meetings and special events. For more information, visit [www.wakeforestnc.gov/renaissance-centre.aspx](http://www.wakeforestnc.gov/renaissance-centre.aspx).

E. Carroll Joyner Park  
Open Space



Flaherty Park Community Center



**Note:** Holidays include Memorial Day, Independence Day and Labor Day.

## Toddler Morning Time (ages 18 mos-3 yrs)

Stories, music, crafts and educational activities for the youngest toddlers and their care givers! Students will study and explore the winter season through song and dance, craft projects, puzzles, counting, letters and more. **Parent participation required. No class July 3.** ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Jessica Marshall  
**Fee:** \$45 per session  
**Sessions:** **Jun 19-Jul 17**  
 Thu 9:00 am-9:45 am  
**Jul 31-Aug 21**  
 Thu 9:00 am-9:45 am

## Toddler Music Time (ages 2-3)

Turn up the heat in this lively class. Explore the magic of the summer through circle time songs, educational games, and crafts. Musical instruments, clapping, dancing and singing will be used to develop gross and fine motor skills. **Parent participation required. No class July 3.** ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Jessica Marshall  
**Fee:** \$45 per session  
**Sessions:** **Jun 19-Jul 17**  
 Thu 10:00 am-10:45 am  
**Jul 31-Aug 21**  
 Thu 10:00 am-10:45 am

## Parent and Toddler Creative Movement (ages 2-3)

An introduction to multiple styles of dance by allowing the child to interpret their own movements in an array of activities and dances. We will be using nursery rhymes/lullabies to make this class more kid friendly. **Requirements: Flexible clothing, pink ballet slippers for girls, and black Jazz shoes for boys. Parent participation required. No class June 30.** ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Jessica Marshall  
**Fee:** \$45 per session  
**Sessions:** **Jun 16-Jul 14**  
 Mon 9:30 am-10:00 am  
**Jul 28-Aug 18**  
 Mon 9:30 am-10:00 am



## Tiny Ballerinas (ages 3-5)

Students will learn stretching, technique, and movements to encourage flexibility, poise, grace, balance, and self confidence. We will learn all the ballet basics including the five positions, turns, and balance practices. **Requirements: Ballet shoes and flexible clothing. No class June 30 or July 4.** ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Jessica Marshall  
**Fee:** \$45 per session  
**Sessions:** **Jun 16-Jul 14**  
 Mon 10:15 am-11:00 am  
**Jun 20-Jul 18**  
 Fri 10:15 am-11:00 am  
**Jul 28-Aug 18**  
 Mon 10:15 am-11:00 am  
**Aug 1-22**  
 Fri 10:15 am-11:00 am

## Creative Dance Movement (ages 2-3)

An introduction to multiple styles of dance by allowing the child to interpret their own movements in an array of activities and dances. We will be using nursery rhymes/lullabies to make this class more kid friendly. **Requirements: Flexible clothing, pink ballet slippers for girls, and black Jazz shoes for boys. No class July 4.** ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Jessica Marshall  
**Fee:** \$45 per session  
**Sessions:** **Jun 20-Jul 18**  
 Fri 9:30 am-10:00 am  
**Aug 1-22**  
 Fri 9:30 am-10:00 am

## Summer Create and Play (ages 3-5)

Parents and children come one, come all! Join us as we play pretend with dragons, fairies, princesses, knights, and more. We will explore activities for the dreamer in all of us. A child's imagination is one of the greatest gifts a child can give us. Explore with us through song and dance, educational projects, playing dress-up, storytelling, and more in this preschool-like setting. **Parent participation is required. No class July 3.** ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Jessica Marshall  
**Fee:** \$45 per session  
**Session:** **Jun 19-Jul 17**  
 Thu 11:00-11:45 am  
**Jul 31-Aug 21**  
 Thu 11:00-11:45 am

## Preschool Art Camp— Splish, Splash, Underwater Bash (ages 3-5)

Students will enjoy a week of stories and art projects based around underwater fun! Students will explore beaches, waves, fish, sand, and sea shell fun through basic art techniques and different mediums. Please bring a snack daily. ★ Register at Flaherty Park. Birth certificate required at time of registration.

**Location:** Flaherty Park Community Center  
**Instructor:** Maureen Seltzer  
**Fee:** \$100  
**Session:** **Jun 16-20**  
 Mon-Fri 9:00 am-12:00 pm

## Preschool Art Camp— Under the Big Top (ages 3-5)

Students will enjoy a week of stories and art projects based around the circus. We will explore under the big top through basic art techniques and different mediums. Please bring a snack daily. ★ Register at Flaherty Park. Birth certificate required at time of registration.

**Location:** Flaherty Park Community Center  
**Instructor:** Maureen Seltzer  
**Fee:** \$100  
**Session:** **Jul 7-11**  
 Mon-Fri 9:00 am-12:00 pm

### Preschool Art Camp— World of Colors (ages 3-5)

Students will enjoy a week of stories and art projects based around this theme. Students will explore the world of color through basic art techniques and different mediums. Please bring a snack daily. ★ *Register at Flaherty Park. Birth certificate required at time of registration.*

**Location:** Flaherty Park Community Center  
**Instructor:** Maureen Seltzer  
**Fee:** \$100  
**Session:** **Jul 14-18**  
 Mon-Fri 1:00-4:00 pm

### Preschool Art Camp— Meet Eric Carle (ages 3-5)

Students will enjoy a week of stories and art projects based around this theme. Students will explore the wonderful books and artwork of Eric Carle through basic art techniques and different mediums. Please bring a snack daily. ★ *Register at Flaherty Park. Birth certificate required at time of registration.*

**Location:** Flaherty Park Community Center  
**Instructor:** Maureen Seltzer  
**Fee:** \$100  
**Session:** **Aug 4-8**  
 Mon-Fri 9:00 am-12:00 pm

### Preschool Art Camp— The Mighty Jungle (ages 3-5)

Students will enjoy a week of stories and art projects based around the Jungle. Students will explore basic art techniques through different mediums. Please bring a snack daily. ★ *Register at Flaherty Park. Birth certificate required at time of registration.*

**Location:** Flaherty Park Community Center  
**Instructor:** Maureen Seltzer  
**Fee:** \$100  
**Session:** **Aug 11-15**  
 Mon-Fri 9:00 am-12:00 pm



### Kids Art Camp—Wild Life (ages 6-8)

Students will enjoy a week of art projects based around this theme. Explore wild life through basic art techniques and different art mediums. Please bring a snack daily. ★ *Register at Flaherty Park. Birth certificate required at time of registration.*

**Location:** Flaherty Park Community Center  
**Instructor:** Maureen Seltzer  
**Fee:** \$100  
**Session:** **Jun 23-27**  
 Mon-Fri 1:00 pm-4:00 pm

### Kids Art Camp—Ooey, Goopy and Recycled Art (ages 6-8)

Do you like to get dirty? Then come join us for a week of fun. We will learn about paper maché and sculpture as well as turning trash into art with magazine mosaics and more. Please bring a snack daily. ★ *Register at Flaherty Park. Birth certificate required at time of registration.*

**Location:** Flaherty Park Community Center  
**Instructor:** Maureen Seltzer  
**Fee:** \$100  
**Session:** **Jul 21-25**  
 Mon-Fri 1:00 pm-4:00 pm

### Art 4 Fun Studio Camp (ages 9-12)

Students will learn through drawing and painting with watercolors, acrylics, and pastels. Please bring a snack daily. ★ *Register at Flaherty Park. Birth certificate required at time of registration.*

**Location:** Flaherty Park Community Center  
**Instructor:** Mary Benejam  
**Fee:** \$100 per session  
**Sessions:** **Jun 16-20**  
 Mon-Fri 1:00 pm-4:00 pm  
**Jul 14-18**  
 Mon-Fri 9:00 am-12:00 pm

### Art for Teens Camp (ages 13-16)

Students will experience and enjoy different mediums on their favorite subject matter. Value studies with pencil drawing. Students will use acrylics and watercolors. Please bring a snack daily. ★ *Register at Flaherty Park. Birth certificate required at time of registration.*

**Location:** Flaherty Park Community Center  
**Instructor:** Mary Benejam  
**Fee:** \$100  
**Session:** **Jun 23-27**  
 Mon-Fri 9:00 am-12:00 pm

### Tiny Chefs Camp (ages 5-7)

Students will learn basic cooking safety, cooking skills, measurements and leave with recipes at the end of each week. ★ *Register at Flaherty Park. Birth certificate required at time of registration.*

**Location:** Flaherty Park Community Center  
**Instructor:** Lynne Mullins  
**Fee:** \$100 per session  
**Sessions:** **Jun 16-20**  
 Mon-Fri 9:00 am-12:00 pm  
**Jul 28-Aug 1**  
 Mon-Fri 9:00 am-12:00 pm

### Kids Chefs Camp (ages 8-12)

Learn beginning kitchen skills including measurements, kitchen safety, and how to prepare different types of entrees each day. Participants will be exposed to a variety of different tastes and textures, and will also learn the importance of time preparation for meals. ★ *Register at Flaherty Park. Birth certificate required at time of registration.*

**Location:** Flaherty Park Community Center  
**Instructor:** Lynne Mullins  
**Fee:** \$100 per session  
**Sessions:** **Jul 14-18**  
 Mon-Fri 9:00 am-12:00 pm  
**Aug 11-15**  
 Mon-Fri 9:00 am-12:00 pm



## Introduction to Sewing (ages 14-adult)

Welcome to the wonderful world of sewing! You will learn to make and embellish an apron starting from pinning and cutting out your pattern to wearing your completed creation. Your own sewing machine is recommended but not required. Space is limited. **No class July 4.** ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Jessica Marshall  
**Fee:** \$45  
**Session:** Jun 20-Jul 18  
 Fri 6:00 pm-7:00 pm

## Continuation to Sewing (ages 14-adult)

Learn more advanced techniques to make the projects you dreamed about but weren't quite sure how to make them into reality. Your own sewing machine is recommended but not required. Space is limited. ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Jessica Marshall  
**Fee:** \$45  
**Session:** Aug 1-22  
 Fri 6:00 pm-7:00 pm

## Green Thumb Camp (ages 6-12)

Learn about plants, herbs, environmental concerns, how to propagate different plants, and make some nifty craft items! Please bring a snack daily. ★ Register at Flaherty Park. Birth certificate required at time of registration.

**Location:** Flaherty Park Community Center  
**Instructor:** Master Gardeners  
**Fee:** \$25  
**Session:** Jul 21-24  
 Mon-Thu 9:00 am-11:30 am



## Soap Carving Camp (ages 8-14)

Join woodcarver Fred Zinn in the age-old fun craft of soap carving. Students will carve various objects of their choice. Tools used for carving will be made out of wood and dull metal. Please bring a snack daily. **Requirements: Students should bring five bars of Ivory® soap per day of camp.** ★ Register at Flaherty Park. Birth certificate required at time of registration.

**Location:** Flaherty Park Community Center  
**Instructor:** Fred Zinn  
**Fee:** \$45 per session  
**Sessions:** Jun 16-20  
 Mon-Fri 1:00 pm-4:00 pm  
 Jun 30-Jul 3  
 Mon-Fri 9:00 am-12:00 pm  
 Aug 4-8  
 Mon-Fri 1:00 pm-4:00 pm

## Woodcarving Camp (ages 12-17)

Students will be given hands-on instruction and will carve an animal, a relief picture, a chip carving, and a whammy doodle. Instruction will also focus on different types of wood, tool safety, and basic sharpening techniques. All experience levels welcome. Please bring a snack daily. **Requirements: Please bring Xacto knife #3261 for carving. No box cutters.** ★ Register at Flaherty Park. Birth certificate required at time of registration.

**Location:** Flaherty Park Community Center  
**Instructor:** Fred Zinn  
**Fee:** \$75 per session  
**Sessions:** Jul 14-18  
 Mon-Fri 1:00 pm-4:00 pm  
 Jul 28-Aug 1  
 Mon-Fri 9:00 am-12:00 pm  
 Aug 11-15  
 Mon-Fri 1:00 pm-4:00 pm

## Beginning Ballet (ages 6-8)

This course is designed to teach the basic fundamentals to ballet in a fun yet challenging way to aid your child in developing their love for dancing. Students will learn balance, flexibility, patience, and dexterity. We will focus on ballet basics including turns, jumps, cross floor movements, and of course the proper foot and arm positions that give ballet its class. **Requirements: Ballet shoes—must have an elastic strap across the top of the foot. No class June 30.** ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Jessica Marshall  
**Fee:** \$45 per session  
**Sessions:** Jun 16-Jul 14  
 Mon 11:15 am-12:00 pm  
 Jul 28-Aug 18  
 Mon 11:15 am-12:00 pm

## Intro to Gymnastics (ages 4-6)

An introductory course designed to help improve confidence, balance, fine, and gross motor skills, teach flexibility, and coordination. We will learn all the basics in a safe environment. **Requirements: Socks or gymnastics shoes. No class July 4.** ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Jessica Marshall  
**Fee:** \$45 per session  
**Sessions:** Jun 20-Jul 18  
 Fri 11:15 am-12:00 pm  
 Aug 1-22  
 Fri 11:15 am-12:00 pm

## Combination Dance (ages 8-13)

This class will focus on both ballet and Broadway style tap dancing. **Requirements: Ballet shoes (must have an elastic strap across the top of the foot) and tap shoes. No class June 30.** ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Jessica Marshall  
**Fee:** \$60 per session  
**Sessions:** Jun 16-Jul 14  
 Mon 5:30 pm-6:30 pm  
 Jul 28-Aug 18  
 Mon 5:30 pm-6:30 pm

## Jump for Fitness (ages 7-14)

Come and jump rope for fun, health, and a great way to learn new rope skills. We will do speed, endurance, tricks, and long rope exercises. Great for adults and children alike. Please bring your own short rope. Long ropes will be provided. **No class July 2.** ★ Register at Flaherty Park.

**Location:** Flaherty Park Community Center  
**Instructor:** Jessica Marshall  
**Fee:** \$45 per session  
**Sessions:** **Jun 18-Jul 16**  
 Wed 6:00 pm-6:45 pm  
**Jul 30-Aug 20**  
 Wed 6:00 pm-6:45 pm

## Introduction to the Theatre (ages 10-17)

A beginning level of theatre class to work on stage presence, movement, diction, presentation and many other theatrical workouts. **No class July 2.** ★ Register at Alston-Massenburg Center.

**Location:** Alston-Massenburg Center  
**Instructor:** Jessica Marshall  
**Fee:** \$45 per session  
**Sessions:** **Jun 18-Jul 16**  
 Wed 5:00 pm-5:45 pm  
**Jul 30-Aug 20**  
 Wed 5:00 pm-5:45 pm

## Babysitting Boot Camp (ages 11-17)

Students will learn how to react in emergency situations. Learn CPR, basic first aid and choking management skills. Please bring a bag lunch. Course workbook and DVD is included. Participants will receive certification through the National Safety Council. ★ Register at Flaherty Park. Birth certificate required at time of registration.

**Location:** Flaherty Park Community Center  
**Instructor:** Jean Cooke  
**Fee:** \$70 per session  
**Sessions:** **Jun 7**  
 Sat 9:00 am-4:00 pm  
**Aug 2**  
 Sat 9:00 am-4:00 pm



## Day Park Summer Camp (ages 6-12)

This is a recreational full day summer camp program that will enhance your youth's summer experiences through arts and crafts, education, nature, and recreational and sporting activities. This camp will operate for a nine week period from June 16-August 15. Participants must provide a lunch and two snacks daily. Spaces are limited! Participants must be age 6 on or before June 1, 2014. **Day Park Summer Camp will not be in session July 4.** ★ Register at town hall. Birth certificate required at time of registration.

**Registration:** Mar 3-Apr 11  
**Location:** Wake Forest Community House  
**Fee:** \$100/week or \$900/nine-week session  
**Session:** **Jun 16-Aug 15**  
 Mon-Fri 9:00 am-5:00 pm  
 (early drop off 7:30 am and late pick up 6:00 pm)

Please note: Due to Electoral Voting, the location for Day Park Summer Camp will change on Tuesday, June 24 and Tuesday, July 15 from the Wake Forest Community House to the Alston-Massenburg Center.

## Beginner Tae Kwon Do (ages 7-17)

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class the first Thursday of every month. **Please register the first Tuesday of every month with the instructor.**

**Location:** Wake Forest Community House  
**Instructor:** Kevin Ray  
**Fee:** \$35 per month  
**Session:** **Ongoing**  
 Tue/Thu 6:15 pm-7:00 pm

## Advanced Tae Kwon Do (ages 7-17)

No class the first Thursday of every month. **Please register the first Tuesday of every month with the instructor.**

**Location:** Wake Forest Community House  
**Instructor:** Kevin Ray  
**Fee:** \$35 per month  
**Session:** **Ongoing**  
 Tue/Thu 7:00 pm-8:00 pm

## Beginner Acoustic Guitar Camp (ages 6-8)

Students will learn basic techniques, chords and finger exercises. Please bring a snack daily. **Students must bring an acoustic guitar and a pick.** ★ Register at town hall. Birth certificate required at time of registration.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Krista Pimentel  
**Fee:** \$75  
**Session:** **Aug 4-8**  
 Mon-Fri 1:30 pm-4:00 pm

## Beginner Acoustic Guitar Camp (ages 9-12)

Students will learn basic techniques, chords and finger exercises. **Students must bring an acoustic guitar and a pick.** ★ Register at town hall. Birth certificate required at time of registration.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Krista Pimentel  
**Fee:** \$75  
**Session:** **Aug 11-15**  
 Mon-Fri 1:30 pm-4:00 pm



## Play-Well TEKnologies— Pre-Engineering Camp with LEGO® (ages 5-7)

Create, play and learn. Design a town, city or star base with houses, buildings, pyramids, bridges, tunnels, towers and more. Every day campers will learn from instructors from Play-Well TEKnologies, who will teach campers how to build cars, trains, buses and trucks. Race them, crash them and repair them. Explore the many possibilities of LEGO® building systems while learning valuable construction techniques. All equipment is provided, but no take home projects will be available. Please bring a snack daily. ★ *Register at Flaherty Park. Birth certificate required at time of registration.*

**Location:** Flaherty Park Community Center  
**Instructor:** Alex Pearce  
**Fee:** \$145  
**Session:** **Jun 23-27**  
 Mon-Fri 9:00 am-12:00 pm

## Play-Well TEKnologies— Jedi Engineering Camp with LEGO® (ages 5-7)

Young Jedi will explore worlds far, far away and engineering principles right in front of them. Defeat the Empire by designing and refining X-Wings, R2-units, and settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators, and defense turrets. A new offering of original designs for young Jedi from Play-Well TEKnologies. All equipment is provided, but no take home projects will be available. Please bring a snack daily. ★ *Register at Flaherty Park. Birth certificate required at time of registration.*

**Location:** Flaherty Park Community Center  
**Instructor:** Alex Pearce  
**Fee:** \$145  
**Session:** **Jul 21-25**  
 Mon-Fri 9:00 am-12:00 pm

## Play-Well TEKnologies— Engineering Fundamentals Camp with LEGO® (ages 8-12)

Have your child become a Play-Well engineer this summer! With over 100,000 pieces of LEGO®, take on real-life engineering challenges that explore concepts in physics, mechanical/structural engineering, and architecture. From motorized machines to castles and catapults, this is a hands-on and brains-on class suitable for LEGO® novices to “maniacs.” Designed by engineers, the curriculum challenges both new and returning students to reach the next level of engineering comprehension all while having fun. Your child will have the chance to build what they have only dreamed of with the support of an experienced instructor. All equipment is provided, but no take home projects will be available. Please bring a snack daily. ★ *Register at Flaherty Park. Birth certificate required at time of registration.*

**Location:** Flaherty Park Community Center  
**Instructor:** Alex Pearce  
**Fee:** \$145  
**Session:** **Jun 23-27**  
 Mon-Fri 1:00 pm-4:00 pm

## Play-Well TEKnologies— Jedi Master Engineering Camp with LEGO® (ages 8-12)

The Force is strong in this class. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include X-Wings, AT-AT walkers, Pod racers, Star Destroyers, Cloud Cities, settlements, and fortresses. Play-Well’s Jedi instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and much more as students tap into the powerful forces of imagination and engineering. All equipment is provided, but no take home projects will be available. Please bring a snack daily. ★ *Register at Flaherty Park. Birth certificate required at time of registration.*

**Location:** Flaherty Park Community Center  
**Instructor:** Alex Pearce  
**Fee:** \$145  
**Session:** **Jul 21-25**  
 Mon-Fri 1:00 pm-4:00 pm

## Introduction to Social Dance (ages 16-adult)

A fun introduction to the world of social ballroom dancing. Basic patterns and techniques will be taught that will get students moving comfortably on the dance floor. Students will learn the basics to foxtrot, waltz, tango, rumba, cha-cha and East Coast swing. No partner necessary. **No class June 30.** ★ *Register at town hall.*

**Location:** Wake Forest Community House  
**Instructor:** Jessica Marshall  
**Fee:** \$45 per session  
**Sessions:** **Jun 16-Jul 14**  
 Mon 7:30 pm-8:30 pm  
**Jul 28-Aug 18**  
 Mon 7:30 pm-8:30 pm

## Continuing Social Dance (ages 16-adult)

Students must have taken Introduction to Social Dance to participate. A continuation of the basics in which floor navigation and more complex patterns will be added. No partner necessary. **No class July 2.** ★ *Register at town hall.*

**Location:** Wake Forest Community House  
**Instructor:** Jessica Marshall  
**Fee:** \$45 per session  
**Sessions:** **Jun 18-Jul 16**  
 Wed 7:30 pm-8:30 pm  
**Jul 30-Aug 20**  
 Wed 7:30 pm-8:30 pm

## Girls Night Out Cardio Ballroom (ages 16-adult)

Girls Night Out meets two nights a week. This dance-inspired workout combines ballroom, Latin, swing and ballet styles of dance for a new type of workout. Bring your friends and join us for a great way to help tone and get rid of those unwanted pounds. Ladies only. Yoga mats and hand weights are recommended. **No class June 30 and July 2.** ★ *Register at town hall.*

**Location:** Wake Forest Community House  
**Instructor:** Jessica Marshall  
**Fee:** \$30 per session  
**Sessions:** **Jun 16-Jul 16**  
 Mon/Wed 8:30 pm-9:30 pm  
**Jul 28-Aug 20**  
 Mon/Wed 8:30 pm-9:30 pm

## Advanced Oil Painting

This course is designed for advanced oil painting students working on specific techniques and styles. All students must be approved by instructor. ★ Register at Flaherty Park.

**Location:** Flaherty Park Community Center  
**Instructor:** Mary Benejam  
**Fee:** \$75 (plus materials)  
**Session:** **Aug 5-Sep 9**  
 Tue 10:15 am-12:45 pm

## Intermediate Painting with Oils & Acrylics

Students will work on their own level with direction under instructor guidance. ★ Register at Flaherty Park.

**Location:** Flaherty Park Community Center  
**Instructor:** Mary Benejam  
**Fee:** \$75 (plus materials)  
**Session:** **Aug 6-Sep 10**  
 Wed 10:15 am-12:45 pm

## Impressionist Painting Workshop (ages 16-adult)

Participants will complete an impressionist painting in one afternoon. Pick your own subject matter and enjoy the painting process that changed the world! ★ Register at Flaherty Park.

**Location:** Flaherty Park Community Center  
**Instructor:** Mary Benejam  
**Fee:** \$70 (includes all materials)  
**Session:** **Aug 9**  
 Sat 10:00 am-3:00 pm

## Introduction to Sewing (ages 14-adult)

Welcome to the wonderful world of sewing! You will learn to make and embellish an apron starting from pinning and cutting out your pattern to wearing your completed creation. Your own sewing machine is recommended but not required. Space is limited. **No class July 4.** ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Jessica Marshall  
**Fee:** \$45  
**Session:** **Jun 20-Jul 18**  
 Fri 6:00 pm-7:00 pm

## Continuation to Sewing (ages 14-adult)

Learn more advanced techniques to make the projects you dreamed about but weren't quite sure how to make them into reality. Your own sewing machine is recommended but not required. Space is limited. ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Jessica Marshall  
**Fee:** \$45  
**Session:** **Aug 1-22**  
 Fri 6:00 pm-7:00 pm

## Beginner/Intermediate Tae Kwon Do

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class the first Thursday of every month. **Note: Please register the first Tuesday of every month with the instructor.**

**Location:** Wake Forest Community House  
**Instructor:** Kevin Ray  
**Fee:** \$35 per month  
**Session:** **Ongoing**  
 Tue/Thu 6:15 pm-7:00 pm

## Advanced Tae Kwon Do

No class the first Thursday of every month. **Note: Please register the first Tuesday of every month with the instructor.**

**Location:** Wake Forest Community House  
**Instructor:** Kevin Ray  
**Fee:** \$35 per month  
**Session:** **Ongoing**  
 Tue/Thu 7:00 pm-8:00 pm

## Gentle Yoga

This class will emphasize the healing benefit of yoga with slower movements and connection to the breath. All levels are welcome. The practice will be especially beneficial for those who are recovering from injury or illness, or if you simply want a deep gentle yoga experience. **Please bring a mat and wear comfortable clothing.** ★ Register at town hall.

**Location:** The Cottage at Olde Mill Stream  
**Instructor:** Sunny Davis  
**Fee:** \$60 per six-week session or \$12 drop-in fee  
**Sessions:** **Jun 11-Jul 16**  
 Wed 10:00 am-11:30 am  
**Jul 30-Sep 3**  
 Wed 10:00 am-11:30 am

## Dog Behavior: The Good, the Bad and the Ugly (ages 8 and above)

Do you ever wonder if your dog's behavior is normal or maybe even dangerous? This seminar will cover how to recognize and classify different types of dog behavior. While this seminar is only for people and not a training class for dogs, there will be videos of dog behavior and time for questions and answers at the end of the seminar about your own dog. Children ages 8-13 may attend the one day seminar free of charge as long as they are accompanied by a participating adult. This seminar is offered by Michele Godlevski, owner and founder of Teamworks Dog Training. ★ Register at Alston-Massenburg Center.

**Location:** Alston-Massenburg Center  
**Instructor:** Michele Godlevski, Certified Dog Behavior Consultant  
**Fee:** \$20/person, per session  
**Sessions:** **Jun 27**  
 Fri 6:00 pm-8:00 pm  
**Jul 25**  
 Fri 6:00 pm-8:00 pm  
**Aug 29**  
 Fri 6:00 pm-8:00 pm

## Introduction to Tracking (ages 18 and above)

This is a course designed for dogs that like to follow their nose. Tracking demonstrates the dogs ability to recognize and follow a scent, a skill useful in the service of mankind. It is a





fun activity for a dog and its owner to enjoy together. This course will focus specifically on an introduction to AKC Tracking. **Required Equipment:** one dog, a tracking harness, a 30-40 ft lead, dog treats, dog toys, 2 start flags, 5 turn flags, and markers. **Pre-Requisite:** All dogs must have passed a Canine Good Citizen Test. All dogs must have rabies vaccinations, DHPP vaccinations or titers. ★ *Register at town hall.*

**Location:** E. Carroll Joyner Park  
**Instructor:** Marlene and Tom Anton  
**Fee:** \$130 per session  
**Sessions:** **May 15-Jun 19**  
 Thu 10:00 am-11:00 am  
**May 17-Jun 21**  
 Sat 10:00 am-11:00 am

## Competition Tracking (ages 18 and above)

Tracking demonstrates the dogs ability to recognize and follow a scent, a skill useful in the service of mankind. It is a fun activity for a dog and its owner to enjoy together. This course will focus specifically on advanced tracking techniques. **Required Equipment:** one dog, a tracking harness, a 30-40 ft lead, dog treats and toys, 2 start flags, 5 turn flags, and markers. Please wear clothing geared for the outdoors. **Pre-Requisite:** All dogs must have passed a Canine Good Citizen Test. All dogs must have rabies vaccinations, DHPP vaccinations or titers. ★ *Register at town hall.*

**Location:** E. Carroll Joyner Park  
**Instructor:** Marlene and Tom Anton  
**Fee:** \$130 per session  
**Sessions:** **May 15-Jun 19**  
 Thu 9:00 am-10:00 am  
**May 17-Jun 21**  
 Sat 9:00 am-10:00 am

## CPR Recertification

Learn CPR for all ages (infant, child and adult) choking management, warning signals for heart attack and stroke and prevention of childhood accidents. Each participant will receive a course workbook and DVD. Participants will receive certification through the National Safety Council. **An additional \$15 materials fee will be required payable to the instructor.** ★ *Register at Flaherty Park.*

**Location:** Flaherty Park Community Center  
**Instructor:** Jean Cooke  
**Fee:** \$60 per session  
**Sessions:** **Jun 4**  
 Wed 6:00 pm-9:00 pm  
**Jul 23**  
 Wed 6:00 pm-9:00 pm



# Urban Forestry

## SUMMERTIME TREE CARE

### Help your trees beat the heat

It is especially important during periods of hot, dry weather to provide both young and mature trees with enough water to keep them growing strong. Newly planted trees need at least 10 gallons of water for every inch of stem diameter, at least once per week. Mature trees benefit from weekly watering, particularly during drought.

To encourage a deep, drought-resistant root system, mature trees should be watered at a low volume, for long periods of time, in multiple locations underneath the tree. It is best to water trees late at night or early in the morning.

### What are those caterpillars?

Many of Wake Forest's street trees are oaks. In late summer, a caterpillar called the orangestriped oakworm may eat many or all of the leaves of affected oak trees in neighborhoods throughout Wake Forest. These caterpillars are part of the native ecosystem, and birds and other predators typically keep them under control. Without any caterpillars, there would be no butterflies or moths.

Because oakworms arrive late in the growing season, they do not usually affect the health of the tree, although they may temporarily impact the way the trees look. Extreme outbreaks of the orangestriped oakworm may be controlled with insecticides containing BT (a natural chemical used by organic farmers), which are available in local hardware stores.

### Mulch your tree the right way

- Make sure there is no mulch against the base of the tree. Mulch against the base can cause termites and fungus that weaken and kill the tree.
- Make sure that mulch is pulled back at least three inches in all directions from the trunk. Keep the mulch less than three inches deep—any deeper and the roots will have difficulty finding air and nutrients.
- The mulched area should be at least six feet wide to keep mowers and trimmers away from the base of the tree.

Trees are an important part of Wake Forest's identity and provide many benefits.

#### Large healthy trees:

- Make businesses more appealing places to shop and dine
- Have been shown to reduce crime, energy bills and stormwater control costs
- Can add up to 10% to a property's value
- Filter and remove pollutants from the air
- Make neighborhoods safer and more comfortable for exercising



Orangestriped Oakworm

The Urban Forestry Program, a division of Wake Forest Parks & Recreation, is responsible for all trees in town parks, street right-of-ways and public spaces.



The Wake Forest Parks & Recreation Department will open Holding Park Pool for the 2014 season on Memorial Day weekend. The 50-meter pool is one of the area's largest outdoor public swimming pools.

# Holding Park Pool

Holding Park Pool  
133 W. Owen Ave.  
Open May 24-Aug 24  
Weekday hours begin June 14



## Open Swim Hours & Rates

**Entry Fee:** \$1 ages 2 & younger  
\$3 ages 3-12  
\$4 ages 13 & older

**Schedule:** **May 24-26, May 31-Jun 1, and Jun 7-8**  
*(open weekends only)*  
Sat-Sun 1:00 pm-7:00 pm

**Jun 14-Aug 24**  
*(open seven days a week)*  
Mon-Fri 1:00 pm-6:00 pm  
Sat-Sun 1:00 pm-7:00 pm

## Seasonal Passes

Seasonal passes go on sale May 1 at town hall. Discounts are available for each additional person in the same household (for residents only).

**Fee:** \$40 resident\*  
\$65 non-resident

**Schedule:** **May 24-26, May 31-Jun 1, and Jun 7-8**  
*(open weekends only)*  
Sat-Sun 1:00 pm-7:00 pm

**Jun 14-Aug 24**  
*(open seven days a week)*  
Mon-Fri 1:00 pm-6:00 pm  
Sat-Sun 1:00 pm-7:00 pm

## Swim Lessons

Swim class sessions (4 sessions, Monday-Thursday) will be offered in June, July and August. Specific dates and times will be available at town hall on May 28. Registration begins June 2. All registrations will be accepted at town hall.

**Fee:** \$35 resident\*  
\$70 non-resident

**Registration:** Begins Jun 2

## Parent/Toddler Swim Time (ages 4 & younger)

Reserved pool time for parents and toddlers (ages 4 and younger). Pass is required and may be purchased at town hall. Pass is valid for one parent and up to two preschool children.

**Fee:** \$30

**Schedule:** **Jun 16-Aug 23**  
Mon-Sat 12:00 pm-1:00 pm



\* "Wake Forest resident" lives within the town limits



## TEAM SPORTS CAMPS & CLINICS

# Athletics

### Boys Basketball Camp

(ages 7-12)

Students will work on the basic fundamentals of the game emphasizing dribbling, shooting, free throws, and defensive skills. Participants will be divided by age groups for game play. Please bring a snack daily. ★ Register at Flaherty Park. Birth certificate required at time of registration.

**Location:** Flaherty Park Community Center  
**Instructor:** Coach Corey Tabron  
**Fee:** \$75 (includes T-shirt)  
**Session:** Jul 7-11  
Mon-Fri 8:00 am-12:00 pm

### Boys Basketball Camp

(ages 13-17)

Students will work on basic and more advanced fundamentals of the game emphasizing dribbling, shooting, free throws, and defensive skills. Participants will be divided by age groups for game play. Please bring a snack daily. ★ Register at Flaherty Park. Birth certificate required at time of registration.

**Location:** Flaherty Park Community Center  
**Instructor:** Coach Corey Tabron  
**Fee:** \$75 (includes T-shirt)  
**Session:** Jul 7-11  
Mon-Fri 1:00 pm-5:00 pm

### Girls Basketball Camp

(ages 7-12)

Camp instructors will emphasize dribbling, shooting, free throws, and defensive skills. Participants will be divided by age groups for game play. Please bring a snack daily. ★ Register at Flaherty Park. Birth certificate required at time of registration.

**Location:** Flaherty Park Community Center  
**Instructor:** Coach Ben Daniels, Girls Basketball WFHS  
**Fee:** \$75 (includes T-shirt)  
**Session:** Jul 28-Aug 1  
Mon-Fri 8:00 am-12:00 pm

### Girls Basketball Camp

(ages 13-18)

Camp instructors will emphasize dribbling, shooting, free throws, and defensive skills. Participants will be divided by age groups for game play. Please bring a snack daily. ★ Register at Flaherty Park. Birth certificate required at time of registration.

**Location:** Flaherty Park Community Center  
**Instructor:** Coach Ben Daniels, Girls Basketball WFHS  
**Fee:** \$75 (includes T-shirt)  
**Session:** Jul 28-Aug 1  
Mon-Fri 1:00 pm-5:00 pm

### Baseball Camp

(ages 7-13)

Skills development clinic for baseball players. T-shirt included. ★ Register at town hall or online. Birth certificate required at time of registration.

**Location:** Heritage High School baseball field  
**Director:** Tony Piercy, Heritage High Baseball Coach  
**Fee:** \$75 per session  
**Sessions:** Jun 23-26  
Mon-Thu 9:00 am-12:00 pm  
deadline to register: Jun 13  
Jul 21-24  
Mon-Thu 9:00 am-12:00 pm  
deadline to register: Jul 11

### Softball Camp

(ages 7-13)

Skills development clinic for softball players. T-shirt included. ★ Register at town hall or online. Birth certificate required at time of registration.

**Location:** Heritage High School softball field  
**Director:** Mark Downing, Heritage High Softball Coach  
**Fee:** \$75 per session  
**Sessions:** Jun 23-26  
Mon-Thu 9:00 am-12:00 pm  
deadline to register: Jun 13  
Jul 21-24  
Mon-Thu 9:00 am-12:00 pm  
deadline to register: Jul 11





# Athletics

## Girls Volleyball Skills Camp (ages 8-14)

Develop game skills and learn rules through drills and game play. Please bring a snack daily. ★ Register at Flaherty Park. Birth certificate required at time of registration.

**Location:** Flaherty Park Community Center  
**Instructor:** Coach Katie Quigley, Girls Volleyball WFHS  
**Fee:** \$75 (includes T-shirt)  
**Session:** Aug 4-6  
 Mon-Wed 9:00 am-12:00 pm

## Youth Golf Camp (ages 5-11)

Participants will receive instruction in the game of golf. Learn golf rules as well as the basic fundamentals for putting and driving. Please bring a snack daily. ★ Register at Flaherty Park. Birth certificate required at time of registration.

**Location:** Flaherty Park Community Center  
**Instructor:** Tim Gupton  
**Fee:** \$100  
**Session:** Jul 14-18  
 Mon-Fri 9:00 am-11:30 am

## Thori Bryan Soccer Academy Co-Ed Youth Soccer Camp (ages 9-12)

Skills development clinic for soccer players. T-shirt included. ★ Register at town hall or online. Birth certificate required at time of registration.

**Location:** Smith Creek Soccer Center  
**Director:** Thori Bryan  
**Fee:** \$125 per session  
**Sessions:** Jun 23-27  
 Mon-Fri 9:00 am-12:00 pm  
*deadline to register: Jun 13*  
 Jul 14-18  
 Mon-Fri 9:00 am-12:00 pm  
*deadline to register: Jul 3*

## YOUTH LEAGUES

### Volleyball (girls 9-16)

Team practices begin in May, with games played through early July. League age is determined by participant's age on January 1, 2014. Online registration is available.

**Fee:** \$40 resident\*  
 \$80 non-resident  
**Registration:** Apr 1-30

### Fall Baseball & Softball (boys 6-16, girls 6-16)

Team practices begin in August. Games are played August through October. League age is determined by participant's age on April 30, 2014. Online registration is available.

**Fee:** \$40 resident\*  
 \$80 non-resident  
**Registration:** Jun 2-30

### Birth certificate is required.

A copy of participant's birth certificate must be filed with the Wake Forest Parks & Recreation Department along with a league registration form. Birth certificate is required one time only.

\* "Wake Forest resident" lives within the town limits



## Tennis

The Wake Forest Area Tennis Association offers tennis programs at the Flaherty Park courts through an agreement with the Town of Wake Forest.

Private and group lessons and clinics for youth and adults of all levels are led by tennis instructor Moses Akor. Youth tennis camps are held during the summer months. Adult leagues are available year-round.

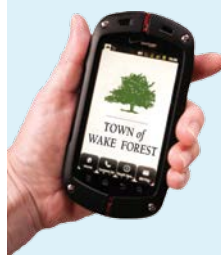
For additional information, contact WFATA via email at [wakeforesttennis@yahoo.com](mailto:wakeforesttennis@yahoo.com) or visit their website at [www.wfata.usta.com](http://www.wfata.usta.com).

## ADULT LEAGUES

### Softball (co-rec and men's recreational)

League play begins in August.

**Fee:** \$550/team  
**Registration:** Jun 2-30



### Receive notice of game cancellations on your smartphone

Download the free Town of Wake Forest app and receive an alert any time games are cancelled. Search for "Town of Wake Forest" on iTunes, in the iPhone app store, or in Google Play. Visit [www.wakeforestnc.gov/app.aspx](http://www.wakeforestnc.gov/app.aspx) for more information.





# Adult Team Registration Form

TEAM NAME:

LEAGUE:

**Player Affidavit: Each player must read the following statement and sign the roster form before participating. Incomplete rosters will not be accepted.** I understand that by signing this roster I cannot play on another team in the same league, agree to abide by rules and regulations as set by WFPRD, and have read and understand each provision of the Waiver, Release of Liability and Indemnification Agreement on this form and agree to abide by them, and certify that the information provided is correct.

PLAYER NAME (Printed)	ADDRESS (City, State, Zip)	HOME PHONE	WORK PHONE	SIGNATURE
1.				
2.				
3.				
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18.				
19.				
20.				

MANAGER (Name):

ADDRESS:

HOME PHONE:

WORK PHONE:

EMAIL:

**Waiver, Release of Liability and Indemnification Agreement:** By signing this document, I hereby absolve the Town of Wake Forest and any individuals, groups, or organizations officially connected in any manner with the above-stated program of all liabilities including equipment loss, property damage, personal injury, or death. Such absolution is to be binding when the above individuals are acting within the scope of the activity. I hereby accept the supervision, facilities, and equipment as being satisfactory for the league named above. I understand that insurance coverage is my responsibility, and that I have read and agree to the terms stated above.

I certify that the information given above is correct to the best of my knowledge. In addition, I verify that I am aware that it is my responsibility to inform my team members of the rules and regulations of the Wake Forest Parks and Recreation Adult Leagues.

MANAGER'S SIGNATURE:

**Photo Release:** Your likeness may be captured by the Town of Wake Forest for use in promotional, news, or informational media. Your participation in this activity implies your consent. If you do not wish for your photo to be used, please contact the Parks & Recreation Department at (919) 435-9560.

**Submit roster to:** Town of Wake Forest Parks & Recreation Department  
301 S. Brooks Street Wake Forest, NC 27587 | 919-435-9560 | Fax: 919-435-9499

# LEAGUE AGE CHART

(APRIL 30, 2014)



May	June	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	6
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	7
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	8
2004	2004	2004	2004	2004	2004	2004	2004	2005	2005	2005	2005	9
2003	2003	2003	2003	2003	2003	2003	2003	2004	2004	2004	2004	10
2002	2002	2002	2002	2002	2002	2002	2002	2003	2003	2003	2003	11
2001	2001	2001	2001	2001	2001	2001	2001	2002	2002	2002	2002	12
2000	2000	2000	2000	2000	2000	2000	2000	2001	2001	2001	2001	13
1999	1999	1999	1999	1999	1999	1999	1999	2000	2000	2000	2000	14
1998	1998	1998	1998	1998	1998	1998	1998	1999	1999	1999	1999	15
1997	1997	1997	1997	1997	1997	1997	1997	1998	1998	1998	1998	16

▲ **Fall 2014 Baseball & Softball Leagues** Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

## Proof of Age

### First Time Participants

A copy of the participant's birth certificate must be presented with the registration form at the time of registration. Registrations will not be accepted without a copy of the participant's birth certificate.

### Returning Participants

A copy of the participant's birth certificate must be filed with the Wake Forest Parks & Recreation Department along with the registration form.

### Online Registration

Returning participants may register at the Town of Wake Forest website:

[www.wakeforestnc.gov/residents/parksrecreation\\_youthathletics.aspx](http://www.wakeforestnc.gov/residents/parksrecreation_youthathletics.aspx)

Baseball (male)	AGE	Softball (female)
Coach Pitch	6 coed	Coach Pitch
Coach Pitch	7 coed	Coach Pitch
Minor League (machine pitch)	8 coed	Minor League (machine pitch)
Minor League (machine pitch)	9 coed	Minor League (machine pitch)
Little League (10-11)	10	Little League (10-11)
Little League (10-11)	11	Little League (10-11)
Junior League (12-13)	12	Junior League (12-13)
Junior League (12-13)	13	Junior League (12-13)
Senior League (14-16)	14	Senior League (14-16)
Senior League (14-16)	15	Senior League (14-16)
Senior League (14-16)	16	Senior League (14-16)



**Baseball & Softball  
REGISTRATION**

*June 2-30*



## Participant Information

Please write legibly. Complete one form per person. Make copies as necessary.

**ARE YOU A WAKE FOREST RESIDENT?:**

Yes  No

**GENDER:**

Male  Female

**AGE:** \_\_\_\_\_

**DATE OF BIRTH:** \_\_\_\_\_

<b>LAST NAME:</b>	<b>FIRST NAME:</b>
-------------------	--------------------

<b>ADDRESS:</b>
-----------------

<b>CITY:</b>	<b>STATE:</b>	<b>ZIP:</b>
--------------	---------------	-------------

<b>HOME PHONE:</b>	<b>CELL PHONE:</b>	<b>EMAIL ADDRESS (optional):</b>
--------------------	--------------------	----------------------------------

I would like to receive occasional email communications about Town of Wake Forest programs, services, and special events.

**NOTE:** The Town of Wake Forest now has the authority to deny requests for copies of subscriber email lists. Passed by the North Carolina General Assembly in July 2010, House Bill 1921 states that email address lists are open to public inspection for those who want to come to town hall to see them but are no longer required to be provided.

## Youth Athletic Leagues Only:

**SCHOOL:** \_\_\_\_\_

**GRADE:** \_\_\_\_\_

**FATHER'S NAME:** \_\_\_\_\_

**FATHER'S DAY PHONE:** \_\_\_\_\_

**MOTHER'S NAME:** \_\_\_\_\_

**MOTHER'S DAY PHONE:** \_\_\_\_\_

**JERSEY SIZE:**

Youth S  Adult S  
 Youth M  Adult M  
 Youth L  Adult L  
 Adult XL

**COACHING VOLUNTEERS: (HEAD COACH)**

Dad  Mom  Both

**SIBLINGS:**

Name(s) of sibling(s) in same age group/league, if any:

\_\_\_\_\_

**ARE YOU A NEW PARTICIPANT?**

**Yes.** You must present a birth certificate along with this registration form in order for the registration to be processed.

**No.** We will confirm that we have your birth certificate on file. If we do not, you must provide one before we can process your registration.

**Athletic Refund Policy:**

Anyone withdrawing from an athletic program must request a refund, in writing, in order for a refund to be processed. Fees are 100% refundable if requested before participant's first assigned team practice.

**Note:** Registration for athletic programs will be accepted only during advertised registration periods.

<b>PROGRAM TITLE / SPORT:</b>
-------------------------------

<b>STARTING DATE:</b>	<b>DAY OF WEEK:</b>	<b>TIME:</b>	<b>FEE:</b>
-----------------------	---------------------	--------------	-------------

## Health & Emergency Information

Parent/Guardian Name(s): \_\_\_\_\_ (H) Phone: \_\_\_\_\_ (W) Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ (H) Phone: \_\_\_\_\_ (W) Phone: \_\_\_\_\_

**Special Needs:** The Wake Forest Parks & Recreation Department will attempt to provide accommodations for program participants when the need for accommodation is requested within two weeks. To insure a medically safe and appropriately planned program, please list any special need or precaution which may require accommodations for participating (i.e., visual or hearing impairment, mental or physical disability, heart condition, history of seizures, asthma, ADD, etc.)

Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Known Allergies: \_\_\_\_\_

Current Medications: \_\_\_\_\_

Parent/Guardian and Adult Participation Agreements: I, \_\_\_\_\_ (parent/guardian), do hereby give my permission for \_\_\_\_\_ (participant) to participate in the program offered by the Wake Forest Parks and Recreation Department known as \_\_\_\_\_.

By signing this document, I hereby absolve the Town of Wake Forest and any individuals, groups, or organizations officially connected in any manner with the above stated program of all liabilities concerning personal injury, property damage, equipment loss, or death. I realize that transportation to and from the program is my responsibility, and that if anyone connected with the program transports my child on my behalf, I will hold the party/parties involved blameless of any accident or injury that may occur. Such absolution is to be binding when the above individuals are acting within the scope of the activity. I hereby accept the instructor, supervision, facilities, and equipment, as being satisfactory for the program activity named above. I understand that insurance coverage is my/our responsibility, and I/we certify the I/we have read and agree to the terms stated above and that all information provided is correct to the best of my/our knowledge.

**Photo Release:** Your likeness may be captured by the Town of Wake Forest for use in promotional, news, or informational media. Your participation in this activity implies your consent. If you do not wish for your photo to be used, please contact the Parks & Recreation Department at (919) 435-9560.

**Refund Policy:** Class fees and athletic fees are 100% refundable when the class or league is canceled by the Wake Forest Parks & Recreation Department. Anyone wishing to withdraw from a class that has not been cancelled by the Wake Forest Parks & Recreation Department must request a refund, in writing, at least ten business days in advance before the scheduled start of the class or first practice. Refunds will not be given for withdrawals made less than the ten working day period other than for verified medical/hardship cases.

**Non-Discrimination Policy:** The Wake Forest Parks & Recreation Dept. does not discriminate on the basis of race, color, national origin, sex, religion, age, sexual orientation or disability in employment opportunities or the provision of services, programs, or activities. A participant alleging discrimination on the basis of the aforementioned areas may file a complaint with the Director of the Wake Forest Parks & Recreation Dept. or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, DC 20240.

**Disclaimer:** Town of Wake Forest fees and charges are subject to change without notice. Please call 919-435-9560 to confirm rates.

**Complete and sign registration form.** .....▶▶  
**Return form and full payment by mail or in person.**

Town of Wake Forest  
 Parks & Recreation Department  
 301 S. Brooks Street, Wake Forest, NC 27587

Parent/Guardian Adult Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

Make check payable to: Town of Wake Forest

I would like to receive an email confirmation of my payment. I have provided my email address above.

<b>OFFICE USE ONLY</b>			
<input type="checkbox"/> New	<input type="checkbox"/> Returning	Date Rcvd _____	Fee Paid _____
<input type="checkbox"/> BC attached	<input type="checkbox"/> BC on file	Rcvd By _____	<input type="checkbox"/> Cash <input type="checkbox"/> Check # _____ <input type="checkbox"/> Credit Card



Town of Wake Forest  
Parks & Recreation Department  
301 S. Brooks Street  
Wake Forest, NC 27587

[www.wakeforestnc.gov/  
parksrecreation.aspx](http://www.wakeforestnc.gov/parksrecreation.aspx)

PRSRT STD  
US Postage  
**PAID**  
Wake Forest, NC  
Permit #118

**SAVE THESE DATES!**

**Program Registration**

**MARCH 3:**

Registration begins for all programs

**APRIL 11:**

Last day to register for Day Park Summer Camp

**APRIL 30:**

Last day to register ONLINE for summer programs. After April 30, you may continue to register in person or by mail if spots are still available in the class.

**Athletic League Registration**

**APRIL 1-30:**

Girls Volleyball registration

**JUNE 2-30:**

Youth Fall Baseball & Softball and Adult Fall Softball registration

**Swim Lessons**

**JUNE 2:**

Swim lesson registration begins at town hall



The mission of the Wake Forest Renaissance Centre is to inspire, engage and educate the community by providing performing arts events and a variety of cultural arts programs for people of all ages, while also serving as a popular venue for community, corporate and private events.



WAKE FOREST  


**RENAISSANCE**  
CENTRE

Rental request applications  
accepted beginning March 3

MUSIC ~ THEATRE ~ DANCE ~ CONFERENCES ~ ART ~ FILM



For information on events and cultural programming,  
visit the new Renaissance Centre website  
[www.wakeforestnc.gov / renaissance-centre.aspx](http://www.wakeforestnc.gov/renaissance-centre.aspx)

405 S. BROOKS STREET ~ RENTAL AND TICKET INFORMATION: 919.435.9560