

RecConnect

Wake Forest Parks and Recreation

Fall
**Programs
& Athletics**

Enhancing our community's quality of life one resident at a time!



Performances



RecConnect

Sep-Dec 2012

The Wake Forest Parks & Recreation Department seeks to enhance the lives of the citizens of Wake Forest by offering a comprehensive system of parks, greenways, facilities, and open spaces, coupled with cultural and athletic programs, that promote education, health, and wellness.

Town of Wake Forest
Parks & Recreation Department
301 S. Brooks St.
Wake Forest, NC 27587
(919) 435-9560

Office Hours:
Monday - Friday | 8:00 am - 5:00 pm

www.wakeforestnc.gov/parksrecreation.aspx

Administration

- Administration/Recreation Office(919) 435-9560
- Fax.....(919) 435-9499
-  **WEATHER LINE**(919) 435-9569
- Facility Maintenance Division(919) 554-6184
- Parks & Recreation Director
Ruben Wall.....(919) 435-9561
- Athletics Coordinator
Edward Austin.....(919) 435-9562
- Programs Coordinator
Cindy Ferguson.....(919) 435-9563
- Office Assistant
Rosemary Pimentel.....(919) 435-9564
- Urban Forester
Evan Keto(919) 435-9565
- Maintenance Superintendent
Jimmy Thrift(919) 554-6184
- Maintenance Crew Supervisor Randy Hoyle
- Maintenance Specialist Andrew Adcock
- Maintenance Specialist James Brantley
- Maintenance Specialist Daniel Conyers
- Maintenance Specialist Kyle Keaton
- Maintenance Specialist Terry Medlin
- Maintenance Specialist Brandon Smith
- Maintenance Specialist Mike Underhill
- Flaherty Park Community Center(919) 554-6726
- Facility SupervisorBeth Jones
- Facility Supervisor Charles Grant
- Facility Supervisor Gloria Crudup
- Facility Supervisor Stella Daniska

✦ Concerts in the Park

Sunday, Aug 5 ~ 5:00-7:00 pm
Sunday, Oct 7 ~ 3:00-5:00 pm
E. Carroll Joyner Park, 701 Harris Rd.

Join us for this popular event offered by PineCone. Bring a lawn chair and enjoy the two-hour concert. Show is co-sponsored by the Wake Forest Parks & Recreation Department and United Arts of Raleigh and Wake County. Free.

✦ Children's Theatre Performances

Wednesday, Sep 26 ~ 2:20 pm and 4:00 pm
Wednesday, Oct 31 ~ 2:20 pm and 4:00 pm
Wake Forest Community House, 133 W. Owen Ave.

Performance to be announced. Shows are co-sponsored by the Wake Forest Parks & Recreation Department and United Arts of Raleigh and Wake County. Public is welcome—seating is limited. Free.

✦ Cultural Arts/Seniors Performance

Thursday, Nov 8 ~ 9:00 am
Northern Wake Senior Center, 235 E. Holding Ave.

Performance to be announced. Shows are co-sponsored by the Wake Forest Parks & Recreation Department and United Arts of Raleigh and Wake County. Free.

Registration

Forms and Fees

The registration form is located at the back of this brochure. Complete one registration form per participant.

1. Please print all information.
2. Non-residents pay an additional fee for athletic programs and swim lessons.
3. Read and sign all appropriate forms.
4. Make full payment.

Note: The Wake Forest Parks & Recreation Department reserves the right to alter schedules, fees, and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached. Classes are subject to instructor availability. **In preschool programs where parent participation is not required, children must be potty-trained in order to participate.**

PARENT PARTICIPATION POLICY

The Wake Forest Parks & Recreation Department offers individualized skills programs for children; parents will not be allowed to participate during the session. Parents are only permitted to attend sessions when the instructor requires parent participation.

NON-RESIDENT FEES

Anyone residing outside the corporate limits of the Town of Wake Forest is encouraged to participate but will be assessed an additional non-resident fee.

Class Registration

Registration begins **Monday, August 6** for all classes. Preregistration is required for all programs. To register for a class, an individual must complete a registration form.

Mail-in and walk-in registrations are accepted. Full payment must be made at the time of registration. Class registrations will be accepted up to two days before the program's start date as long as space is available.

Registration forms for all programs held at Flaherty Park are accepted at Flaherty Park Community Center and online only. Forms may be dropped off at Flaherty Park Community Center, 1226 N. White St. any time Mon-Fri, 10 am-9:30 pm.

Online registration for all Flaherty Park programs is offered August 6-31 at www.wakeforestnc.gov/parksrecreation.aspx.

Registration for all programs held at the Cottage at Olde Mill Stream and Wake Forest Community House are accepted at town hall only.

Class Refund Policy

Class fees are 100% refundable when the class is canceled by the Wake Forest Parks & Recreation Department. Anyone wishing to withdraw from a class that has not been canceled by the Wake Forest Parks & Recreation Department must request a refund, in writing, at least ten business days before the start of the class. Refunds will not be given for withdrawals made less than the ten day period other than for verified medical/hardship cases.

Athletic Registration

Athletic registration forms will only be accepted during the advertised registration period. Early registrations will not be accepted.

MAIL-IN REGISTRATION

Athletic registration forms may be submitted by mail but must be post-marked no later than the last day of registration. Forms will be made available during registration periods only. **Birth certificates are required at the time of registration.**

WALK-IN REGISTRATION

Walk-in registration will occur during normal business hours (Monday - Friday, 8 am-5 pm). See registration dates for Athletic Programs.

ONLINE REGISTRATION (athletics only)

Online registration for youth athletics is available during specified registration dates, **for returning players only.** To use our online registration, follow the link from the Youth Athletics page on the Town's website at www.wakeforestnc.gov/parksrecreation.aspx.

Athletic Refund Policy

Anyone withdrawing from an athletic program must request a refund, in writing, in order for a refund to be processed. Fees are 100% refundable if requested before participant's first assigned team practice.



Parks and Greenways

Ailey Young Park

800 Juniper Avenue—15 acres

- ball field
- two basketball courts
- playground
- picnic shelter

E. Carroll Joyner Park

701 Harris Road—117 acres

- 1,000-lawn seat amphitheater
- performance garden
- open meadows
- restored farm buildings/pecan grove
- restrooms
- pond
- three miles of walking trails

Amphitheater and performance garden are available for rental, details on page 6.

J.B. Flaherty Park

1226 N. White Street—100 acres

- three lighted baseball and softball fields
- restroom/storage building
- playground
- two-acre dog park
- eight lighted tennis courts
- two picnic shelters
- two ponds

Flaherty Dog Park

1226 N. White Street—2 acres

Fenced-in area where dog owners can let their pets run free safely and legally without a leash.

- separately fenced areas for small dogs and larger dogs
- picnic tables and shade trees

H.L. Miller Park

401 Elm Avenue—2 acres

- paved trails through wooded area
- picnic tables

Holding Park

133 W. Owen Avenue—5 acres

- playground
- picnic tables
- basketball court

FORREST FIELD—leased from Wake County Public Schools for league use

Kiwanis Park

400 E. Holding Avenue—1 acre

- playground with ADA compliant features
- picnic shelter
- paved greenway adjacent to park

Plummer Park

965 Jones Wynd—½ acre

- Crenshaw Manor subdivision*
- playground
 - picnic shelter

Smith Creek Soccer Center

690 Heritage Lake Road—17 acres

Heritage subdivision

- three full-size soccer fields
- playground
- picnic shelter

Taylor Street Park

416 N. Taylor Street—1½ acres

- playground
- picnic shelter
- paved walking area
- garden areas

Tyler Run Park

830 Pineview Drive—9 acres

Tyler Run/Holding Ridge subdivision

- T-ball field
- basketball court
- picnic tables
- greenway trail
- playground specifically designed for children ages 2-5

PROGRAM FACILITIES

Wake Forest Parks & Recreation programs are held at the following facilities:

WAKE FOREST COMMUNITY HOUSE

133 W. Owen Ave. at Holding Park

FLAHERTY PARK COMMUNITY CENTER

1226 N. White St.

- regulation high school gymnasium
- arts and crafts room
- game room
- meeting room with a small kitchen



COTTAGE AT OLDE MILL STREAM

901 Barnford Mill Way

HOLDING PARK POOL

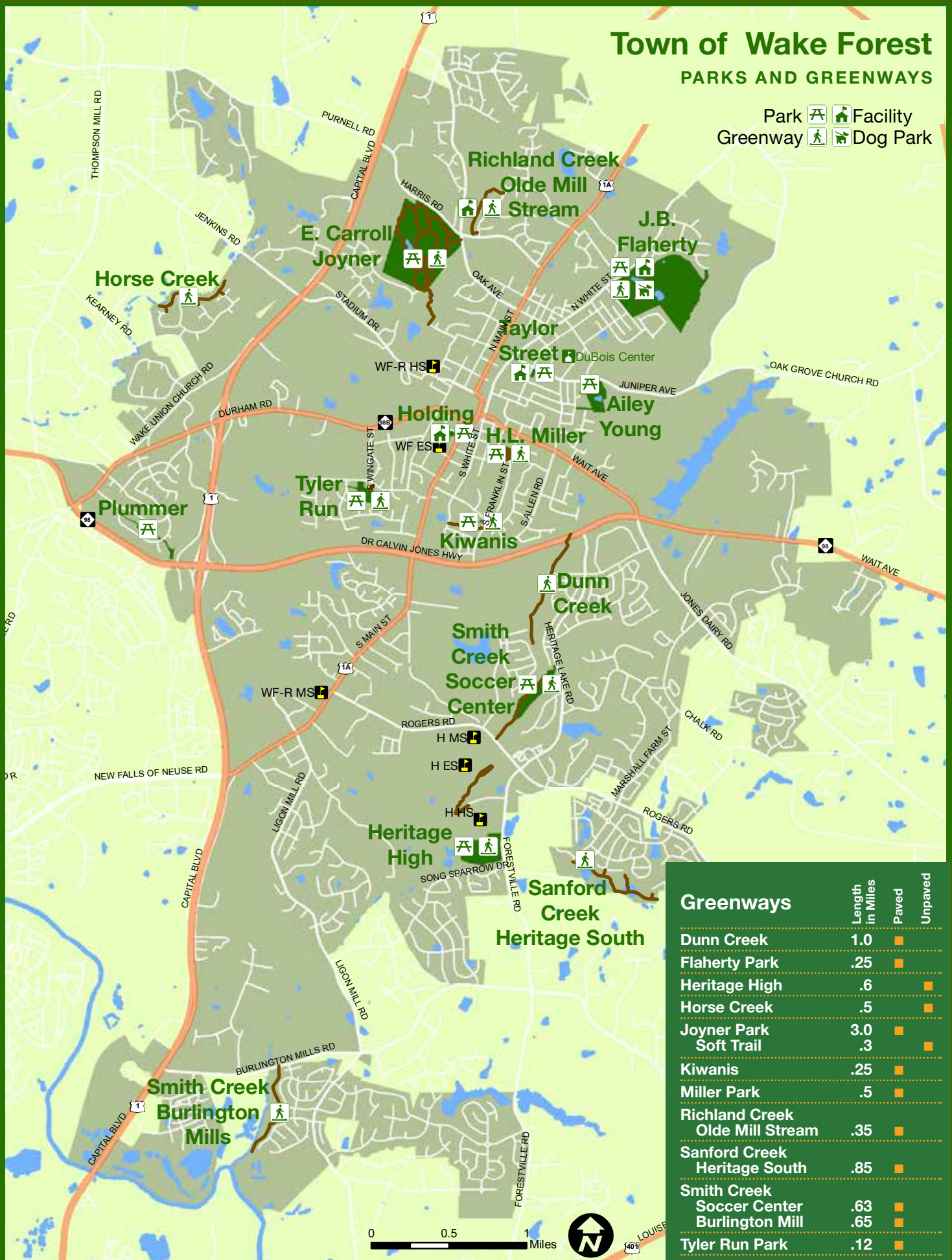
133 W. Owen Ave.

- 50-meter outdoor swimming pool
- open to the public during summer
- swim lessons, parent-child swim

Town of Wake Forest

PARKS AND GREENWAYS

Park Facility
 Greenway Dog Park



Greenways	Length in Miles	Paved	Unpaved
Dunn Creek	1.0		
Flaherty Park	.25		
Heritage High	.6		
Horse Creek	.5		
Joyner Park	3.0		
Soft Trail	.3		
Kiwanis	.25		
Miller Park	.5		
Richland Creek			
Olde Mill Stream	.35		
Sanford Creek			
Heritage South	.85		
Smith Creek			
Soccer Center	.63		
Burlington Mill	.65		
Tyler Run Park	.12		

0 0.5 1 Miles



PARK & FACILITY Rentals

E. Carroll Joyner Park Amphitheater



Alston-Massenburg Center



Wake Forest Community House



E. Carroll Joyner Park



RATES & DETAILS

The following facilities can be rented for special events. For additional information, please contact the Wake Forest Parks & Recreation Department at (919) 435-9560.

E. Carroll Joyner Park

701 Harris Road

Amphitheater

The 1,000-lawn seat amphitheater is a great location for family reunions, church programs, and other activities.

Deposit: \$100

Rates: **MONDAY - FRIDAY:**
Half-Day: \$150
 8 am-2 pm or 3 pm-Dusk
Full Day: \$250
 Dawn-Dusk

SAT-SUN & HOLIDAYS:
Half-Day: \$200
 8 am-2 pm or 3 pm-Dusk
Full Day: \$400
 Dawn-Dusk

Performance Garden

The intimate setting is a great location for small family gatherings, weddings, receptions, and other similar activities.

Deposit: \$100

Rates: **MONDAY - FRIDAY:**
Half-Day: \$75
 8 am-2 pm or 3 pm-Dusk
Full Day: \$150
 Dawn-Dusk

SAT-SUN & HOLIDAYS:
Half-Day: \$100
 8 am-2 pm or 3 pm-Dusk
Full Day: \$200
 Dawn-Dusk

Open Space Rental

Reserve open space at Holding Park, Flaherty Park and E. Carroll Joyner Park.

Deposit: \$100

Rates: \$15/hr., 2 hr. minimum

Note: Holidays include Memorial Day, Fourth of July and Labor Day.

Alston-Massenburg Center

416 N. Taylor Street

Note: The Alston-Massenburg Center will be available for rent after renovations are completed in mid-2012.

Available for weddings, receptions, family reunions, and other activities. Maximum capacity is 54 persons.

Large Meeting Room

Deposit: \$100

Rates: **Half-Day:** \$200
Full Day: \$400

Small Meeting Rooms

Deposit: \$100

Rates: \$40/hr., 2 hr. minimum

Wake Forest Community House

133 W. Owen Avenue

Available on weekends (Fri-Sun) for family reunions, weddings, receptions and other activities. Maximum capacity is 225 persons.

Deposit: \$100

Rates: **Half-Day:** \$200
 8 am-3 pm or 5 pm-Midnight
Full Day: \$400
 8 am-Midnight

Flaherty Park Community Center

1226 N. White Street

Gymnasium (available Sat-Sun only)

Deposit: \$100

Rates: \$80/hr., 2 hr. minimum
Additional \$15/hr. supervisory fee for after hours: 5 pm-Midnight

Meeting Room (available Sat-Sun only)

Deposit: \$100

Rates: \$40/hr., 2 hr. minimum
Additional \$15/hr. supervisory fee for after hours: 5 pm-Midnight

Athletic Field Rental

Deposit: \$100

Rates: **Full Day:** \$125 (no lights)
Hourly: \$25 (no lights)

Plus additional \$30 field prep fee
Lights: \$15/hr.

Jumpstart Toddler Montessori—The Colors of Fall

(ages 18 mos-3 yrs)

Come explore the wonderful world of learning as you guide your children through our classroom full of educational opportunities. From math and science centers featuring counting bears and enormous popping bubbles, to language arts centers, your children will have so much fun, they won't even realize how much they are learning. Each week, we will begin with a musical "circle time" to introduce our daily theme. Then, students will be exposed to new educational concepts through hands-on activities such as learning about the seasons of the apple tree and making beautiful apple prints or exploring the contents of a pumpkin and then creating their own jack-o-lantern. Also, students will have a chance to explore "social" stations full of building blocks, cooking centers, train sets, puppets, and more. **Parent participation required. No class October 25 and November 22.**

Location: Cottage at Olde Mill Stream
Instructor: Rhonda Felton Manning
Fee: \$48 per session
Sessions: **Sep 13-Oct 18**
Thu 9:00-10:00 am
Nov 1-Dec 13
Thu 9:00-10:00 am

Harvest Harmonies by Moving to the Music

(ages 18 mos-3 yrs)

The air is getting chilly so turn up the heat in this lively class for our youngest music lovers. We will explore the magic of Autumn through circle time songs, educational games, and dramatic play for tiny toes. Your child will learn about pumpkins, fall leaves, apples, harvest time, and many other Fall concepts as we sing and dance our way through the season. Special events include art and craft projects, parachute games, and much more! Each child will receive a CD of the music used in our class. **Parent participation required. No class October 25 and November 22.**

Location: Cottage at Olde Mill Stream
Instructor: Rhonda Felton Manning
Fee: \$48 per session
Sessions: **Sep 13-Oct 18**
Thu 10:00-11:00 am
Nov 1-Dec 13
Thu 10:00-11:00 am

The Colors of Fall by Toddler Time

(ages 18 mos-3 yrs)

Come discover the beauty of Fall in this musical preschool experience designed for little fingers. We will begin each week with a musical Lap-Sit circle time to introduce your little ones to the joys of learning through song and dance! Students will have an opportunity to express their rhythm through hands-on fun with triangles, rhythm sticks, and more. Then, children will explore our "theme of the day" through educational centers and projects. Your child will learn all about science and nature through study of fall leaves, trains and transportation, harvest time, and many other exciting Autumn concepts in this mini-preschool for our smallest students. So come on down for a jump start on education and more importantly, a great experience with your child. Each child will receive a CD of the music used in our class. **Parent participation required. No class October 25 and November 22.**

Location: Cottage at Olde Mill Stream
Instructor: Rhonda Felton Manning
Fee: \$48 per session
Sessions: **Sep 13-Oct 18**
Thu 11:00 am-12:00 pm
Nov 1-Dec 13
Thu 11:00 am-12:00 pm

Creative Dance Movement

(ages 2-3)

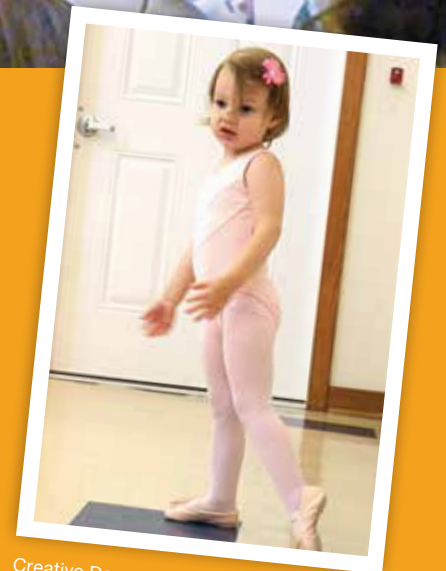
An introduction to multiple styles of dance by allowing the child to interpret their own movements in an array of activities and dances. We will be using nursery rhymes/lullabies to make this class more kid friendly. **Requirements: Flexible clothing, pink ballet slippers for girls, and black Jazz shoes for boys. No class November 12 and 23.**

Location: Cottage at Olde Mill Stream
Instructor: Jessica Marshall
Fee: \$45 per session
Sessions: **Sep 10-Oct 15**
Mon 9:30-10:00 am
Oct 29-Dec 10
Mon 9:30-10:00 am
Sep 14-Oct 19
Fri 9:30-10:00 am
Nov 2-Dec 14
Fri 9:30-10:00 am

Preschool

PROGRAMS

Jumpstart Toddler Montessori



Creative Dance Movement



Preschool Art

Preschool

PROGRAMS

Holiday Tree Ornaments Workshop (ages 3-5)



Learn how to make holiday ornaments ready to hang on the tree. Please bring a snack. ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Maureen Seltzer
Fee: \$25
Session: Dec 1
 Sat 10:00-12:00 pm

Tiny Ballerinas (ages 3-5)

Students will learn stretching, technique, and movements to encourage flexibility, dexterity, poise, grace, balance, and self confidence. We will learn all the ballet basics including the 5 positions, turns, and balance practices. **Requirements: Ballet shoes and flexible clothing. No class November 12 and 23.**

Location: Cottage at Olde Mill Stream
Instructor: Jessica Marshall
Fee: \$45 per session
Sessions: Sep 10-Oct 15
 Mon 10:15-11:00 am
 Sep 14-Oct 19
 Fri 10:15-11:00 am
 Oct 29-Dec 10
 Mon 10:15-11:00 am
 Nov 2-Dec 14
 Fri 10:15 am-11:00 am



Intro to Gymnastics (ages 4-6)

An introductory course designed to help improve confidence, balance, fine, and gross motor skills, teach flexibility, and coordination. We will learn all the basics in a safe environment. **Requirements: Socks or gymnastics shoes. No class November 23.**

Location: Cottage at Olde Mill Stream
Instructor: Jessica Marshall
Fee: \$45 per session
Sessions: Sep 14-Oct 19
 Fri 11:15 am-12:00 pm
 Nov 2-Dec 14
 Fri 11:15 am-12:00 pm

Toddler Art (ages 18 mos-3 yrs)

You and your child will enjoy exploring the world of art through many projects and storytelling adventures. **Parent participation is required! No class October 25.** ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Maureen Seltzer
Fee: \$48 per session
Sessions: Sep 10-Oct 1
 Mon 10:00-10:45 am
 Sep 13-Oct 4
 Thu 10:00-10:45 am
 Oct 15-Nov 5
 Mon 10:00-10:45 am
 Oct 18-Nov 15
 Thu 10:00-10:45 am
 Nov 19-Dec 10
 Mon 10:00-10:45 am

Preschool Art (ages 3-5)

Students will enjoy stories and art projects based around a theme. Students will explore basic art techniques through many different mediums. **No class October 25.** ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Maureen Seltzer
Fee: \$48 per session
Sessions: Sep 10-Oct 1
 Mon 11:00 am-12:30 pm
 Sep 13-Oct 4
 Thu 11:00 am-12:30 pm
 Oct 15-Nov 5
 Mon 11:00 am-12:30 pm
 Oct 18-Nov 15
 Thu 11:00 am-12:30 pm
 Nov 19-Dec 10
 Mon 11:00 am-12:30 pm



Youth Drawing and Open Studio (ages 9-12)

Students will experience and enjoy the different mediums: pencil, watercolor, acrylic, and charcoal while completing an art piece each day. Paint a landscape, an animal, still life, and much more! ★ *Register at Flaherty Park or online.*

Location: Flaherty Park Community Ctr.
Instructor: Mary Benejam
Fee: \$55 plus materials per session
Sessions: **Sep 25-Oct 30**
 Tue 4:15-5:15 pm
Nov 13-Dec 18
 Tue 4:15-5:15 pm

Beginner Acoustic Guitar (ages 6-8)

Students will learn basic techniques, chords, and finger exercises. **Requirements: Students must bring an acoustic guitar and a pick.** ★ *Register at Flaherty Park or online.*

Location: Flaherty Park Community Ctr.
Instructor: Krista Pimentel
Fee: \$45
Session: **Sep 15-Oct 6**
 Sat 10:30-11:30 am

Beginner Acoustic Guitar (ages 9-12)

Students will learn basic techniques, chords, and finger exercises. **Requirements: Students must bring an acoustic guitar and a pick.** ★ *Register at Flaherty Park or online.*

Location: Flaherty Park Community Ctr.
Instructor: Krista Pimentel
Fee: \$45
Session: **Sep 15-Oct 6**
 Sat 11:30 am-12:30 pm

Intermediate Acoustic Guitar (ages 6-8)

Students will continue to learn techniques, chords, and finger exercises. **Requirements: Students must bring an acoustic guitar and a pick.** ★ *Register at Flaherty Park or online.*

Location: Flaherty Park Community Ctr.
Instructor: Krista Pimentel
Fee: \$45
Session: **Oct 20-Nov 10**
 Sat 10:30-11:30 am

Art for Homeschoolers (ages 5-8)

Students will explore basic elements of art including line, color, and composition. Different art mediums will be emphasized. ★ *Register at Flaherty Park or online.*

Location: Flaherty Park Community Ctr.
Instructor: Maureen Seltzer
Fee: \$48 per session
Sessions: **Sep 10-Oct 1**
 Mon 1:30-3:00 pm
Oct 15-Nov 5
 Mon 1:30-3:00 pm
Nov 19-Dec 10
 Mon 1:30-3:00 pm

Kids Art (ages 5-8)

Students will explore line, color, and composition through many different types of mediums. ★ *Register at Flaherty Park or online.*

Location: Flaherty Park Community Ctr.
Instructor: Maureen Seltzer
Fee: \$48 per session
Sessions: **Sep 10-Oct 1**
 Mon 4:30-6:00 pm
Oct 15-Nov 5
 Mon 4:30-6:00 pm
Nov 19-Dec 10
 Mon 4:30-6:00 pm

Youth Drawing and Open Studio for Homeschoolers (ages 9-12)

Students will experience and enjoy the different mediums: pencil, watercolor, acrylic, and charcoal while completing an art piece each day. Paint a landscape, an animal, still life, and much more! ★ *Register at Flaherty Park or online.*

Location: Flaherty Park Community Ctr.
Instructor: Mary Benejam
Fee: \$55 plus materials per session
Sessions: **Sep 25-Oct 30**
 Tue 3:00-4:00 pm
Nov 13-Dec 18
 Tue 3:00-4:00 pm

Youth PROGRAMS

Holiday Tree Ornaments Workshop (ages 6-8)

Join us to learn how to make holiday ornaments ready to hang on the tree. Please bring a lunch. ★ *Register at Flaherty Park or online.*

Location: Flaherty Park Community Ctr.
Instructor: Maureen Seltzer
Fee: \$25
Session: **Dec 1**
 Sat 1:00-3:00 pm

Acoustic Guitar





Kids Yoga (ages 9-12)

Students will be introduced to yoga stretching and exercises. They will practice breathing techniques to relieve stress and build self esteem in everyday life. **No class November 12.** ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Jacqueline Burnett
Fee: \$45 per session
Sessions: **Sep 10-Oct 15**
 Mon 1:45-2:45 pm
Oct 29-Dec 10
 Mon 1:45-2:45 pm

Youth Golf (ages 5-11)

Participants will receive instruction in the game of golf. Learn golf rules as well as the basic fundamentals for putting and driving. ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Tim Gupton
Fee: \$60
Session: **Sep 17-Oct 8**
 Mon 4:00-5:00 pm

Intermediate Acoustic Guitar (ages 9-12)

Students will continue to learn techniques, chords, and finger exercises. **Requirements: Students must bring an acoustic guitar and a pick.** ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Krista Pimentel
Fee: \$45
Session: **Oct 20-Nov 10**
 Sat 11:30 am-12:30 pm

Beginning Ballet (ages 6-10)

This is a beginning level ballet class designed for the child with little or no dance experience. Students will learn balance, flexibility, patience, and dexterity. We will focus on ballet basics including turns, jumps, cross floor movements, and of course the proper foot and arm positions that give ballet its class. **Requirements: Ballet shoes—must have an elastic strap across the top of the foot. No class November 12**

Location: Cottage at Olde Mill Stream
Instructor: Jessica Marshall
Fee: \$45 per session
Sessions: **Sep 10-Oct 15**
 Mon 11:15 am-12:00 pm
Oct 29-Dec 10
 Mon 11:15 am-12:00 pm

After-school Ballet (ages 5-8)

A ballet program designed for school age children to explore the world of ballet. **Requirements: Ballet shoes—must have an elastic strap across the top of the foot. No class November 12.**

Location: Cottage at Olde Mill Stream
Instructor: Jessica Marshall
Fee: \$30 per session
Sessions: **Sep 10-Oct 15**
 Mon 4:30-5:15 pm
Oct 29-Dec 10
 Mon 4:30-5:15 pm

Combination Dance (ages 8-12)

Thirty minutes of tap and thirty minutes of ballet is a great way to help your child stay active with dancing. This is a fun and high energy class focusing on the technique behind these wonderful styles of dance. **Requirements: Ballet shoes—must have an elastic strap across the top of the foot, and tap shoes. No class November 12.**

Location: Cottage at Olde Mill Stream
Instructor: Jessica Marshall
Fee: \$45 per session
Sessions: **Sep 10-Oct 15**
 Mon 5:30-6:30 pm
Oct 29-Dec 10
 Mon 5:30-6:30 pm

Soap Carving (ages 8-14)

Join woodcarver Fred Zinn in the age-old fun craft of soap carving. Students will carve and paint various flowers, animals, and objects of their choice. All tools will be provided and are made of wood and dull metal. **Requirements: Students should bring five bars of Ivory® soap per class. No class November 23.** ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Fred Zinn
Fee: \$45 per session
Sessions: **Sep 14-Oct 19**
 Fri 6:30-8:30 pm
Nov 2-Dec 14
 Fri 6:30-8:30 pm

Youth Golf





Soap Carving

Art of Woodcarving (ages 12-adult)

Students will be given hands-on instruction and will carve an animal, a relief picture, a chip carving, and a whammy doodle. Instruction will also focus on different types of wood, tool safety, and basic sharpening techniques. All experience levels welcome.

Requirements: Please bring a black Xacto knife #3261 for carving. No box cutters. An additional \$5 materials fee will be required payable to the instructor at the first class of each session. No class November 12 and 22. ★ Register for the Flaherty Park sessions at Flaherty Park or online.

Location: Cottage at Olde Mill Stream
Instructor: Fred Zinn
Fee: \$45 per session
Sessions: **Sep 10-Oct 15**
Mon 6:30-8:30 pm
Oct 29-Dec 10
Mon 6:30-8:30 pm

Location: Flaherty Park Community Ctr.
Instructor: Fred Zinn
Fee: \$45 per session
Sessions: **Sep 13-Oct 18**
Thu 6:30-8:30 pm
Nov 1-Dec 13
Thu 6:30-8:30 pm

Outdoor Nature Photography (ages 14-adult)

Looking to expand your capabilities and knowledge with your digital or film camera? Confused about f-stop, shutter speed, ISO and all the other terms you hear about? This class will help increase your comfort level with your equipment while learning more about composition, equipment and how to adjust for all those outdoor settings that fool an automatic light meter. This course is geared toward beginners and intermediates. **No class October 23.**

★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Sol Levine
Fee: \$55
Session: **Oct 9-30**
Tue 6:30-9:00 pm

Beginner Tae Kwon Do (ages 7-17)

Learn martial arts skills, develop self-esteem, confidence, and respect for others. No class the first Thursday of every month. **Note: Please register the first Tuesday of every month with the instructor.**

Location: Wake Forest Community House
Instructor: Kevin Ray
Fee: \$35 per month
Session: **Ongoing**
Tue & Thu 6:00-6:30 pm

Intermediate Tae Kwon Do (ages 7-17)

No class the first Thursday of every month. **Note: Please register the first Tuesday of every month with the instructor.**

Location: Wake Forest Community House
Instructor: Kevin Ray
Fee: \$35 per month
Session: **Ongoing**
Tue & Thu 6:30-7:30 pm

Advanced Tae Kwon Do (ages 7-17)

No class the first Thursday of every month. **Note: Please register the first Tuesday of every month with the instructor.**

Location: Wake Forest Community House
Instructor: Kevin Ray
Fee: \$35 per month
Session: **Ongoing**
Tue & Thu 7:30-8:30 pm

Youth Education for Savings (ages 6-15)

Youth Education for Savings is designed to teach fundamental skills and knowledge that will enable students to make sound financial decisions. This program partners with youth organizations to teach sound personal money management and savings habits. **No class October 23.** ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Director: Kimberly Knox
Fee: \$60
Session: **Sep 18-Oct 30**
Tues 6:00-7:00 pm



Jump for Fitness

Jump for Fitness (ages 7-adult)

Come jump rope for fun and health while learning some new rope skills. We will practice speed, endurance, tricks, and long rope exercises. Great for adults and children alike. Please bring your own short rope. Long ropes will be provided. ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Jessica Marshall
Fee: \$45
Session: **Sep 12-Oct 17**
Wed 6:00-6:45 pm

Youth PROGRAMS

Adult PROGRAMS

Advanced Oil Painting



Art of Woodcarving (ages 12-adult)

Students will be given hands-on instruction and will carve an animal, a relief picture, a chip carving, and a whammy doodle. Instruction will also focus on different types of wood, tool safety, and basic sharpening techniques. All experience levels welcome. **Requirements: Please bring a black Xacto knife #3261 for carving. No box cutters. An additional \$5 materials fee will be required payable to the instructor at the first class of each session. No class November 12 and 22.** ★ Register for the Flaherty Park sessions at Flaherty Park or online.

Location: Cottage at Olde Mill Stream
Instructor: Fred Zinn
Fee: \$45 per session
Sessions: **Sep 10-Oct 15**
Mon 6:30-8:30 pm
Oct 29-Dec 10
Mon 6:30-8:30 pm

Location: Flaherty Park Community Ctr.
Instructor: Fred Zinn
Fee: \$45 per session
Sessions: **Sep 13-Oct 18**
Thu 6:30-8:30 pm
Nov 1-Dec 13
Thu 6:30-8:30 pm

Advanced Oil Painting (ages 18 & older)

This course is designed for advanced oil painting students working on specific techniques and styles. ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Mary Benejam
Fee: \$75 per session (plus materials)
Sessions: **Sep 25-Oct 30**
Tue 10:00 am-12:30 pm
Nov 13-Dec 18
Tue 10:00 am-12:30 pm

Painting with Oils & Acrylics (ages 18 & older)

Students will work on their own level with direction under instructor guidance. All levels are welcome. ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Mary Benejam
Fee: \$75 per session (plus materials)
Sessions: **Sep 26-Oct 31**
Wed 10:00 am-12:30 pm
Nov 14-Dec 19
Wed 10:00 am-12:30 pm

Adult Drawing (ages 18 & older)

Students will work on their own level with direction under instructor guidance. All levels are welcome. ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Mary Benejam
Fee: \$75 (plus materials)
Session: **Sep 26-Oct 31**
Wed 1:00-3:00 pm

Watercolor Painting (ages 18 & older)

Students will learn the use of materials, washes, glazes, color mixing, composition, color, and texture. ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Mary Benejam
Fee: \$75 (plus materials)
Session: **Nov 14-Dec 19**
Wed 1:00-3:00 pm





Girls Night Out Cardio Ballroom

Impressionist Painting Workshop (ages 16 & older)

Participants will complete an impressionist painting in one afternoon. Students will pick a subject matter and enjoy the painting process that changed the world! ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Mary Benejam
Fee: \$70 (includes all materials)
Session: Oct 13
Sat 10:00 am-3:30 pm

Outdoor Nature Photography (ages 14-adult)

Looking to expand your capabilities and knowledge with your digital or film camera? Confused about f-stop, shutter speed, ISO and all the other terms you hear about? This class will help increase your comfort level with your equipment while learning more about composition, equipment and how to adjust for all those outdoor settings that fool an automatic light meter. This course is geared toward beginners and intermediates. **No class October 23.** ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Sol Levine
Fee: \$55
Session: Oct 9-30
Tue 6:30-9:00 pm

Beginner Ballroom Dance (ages 16 & older)

A fun introduction to the world of social ballroom dancing. Basic patterns and techniques will be taught that will get students moving comfortably on the dance floor. Students will learn the basics to foxtrot, waltz, tango, rumba, cha-cha, and East Coast swing. No partner necessary.

Location: Wake Forest Community House
Instructor: Jessica Marshall
Fee: \$45 per session
Sessions: Sep 10-Oct 15
Mon 7:30-8:30 pm
Sep 12-Oct 17
Wed 7:30-8:30 pm

Advanced Ballroom Dance (ages 16 & older)

Students must have taken Beginner and Intermediate Ballroom Dance to participate. A continuation of the basics in which floor navigation and more complex patterns will be added. No partner necessary. **No class November 12.**

Location: Wake Forest Community House
Instructor: Jessica Marshall
Fee: \$45 per session
Sessions: Oct 29-Dec 10
Mon 7:30-8:30 pm
Nov 7-Dec 12
Wed 7:30-8:30 pm

Girls Night Out Cardio Ballroom (ages 16 & older)

Guess what ladies? Girl's Night Out just got better! We are now offering it two nights a week on Mondays and Wednesdays to make your workout that much more fun. This dance inspired workout combines ballroom, Latin, swing, and ballet styles of dance for a new type of workout. Bring your friends and join us for a great way to help tone and get rid of those unwanted pounds. Ladies only. **No class October 31 and November 12.**

Location: Wake Forest Community House
Instructor: Jessica Marshall
Fee: \$45 per session
Sessions: Sep 10-Oct 17
Mon & Wed 8:30-9:30 pm
Oct 29-Dec 12
Mon & Wed 8:30-9:30 pm

Beginning Belly Dance (ages 16 & older)

Learn the exotic art of Middle Eastern dance. Technique in the Egyptian style and applications for cabaret and folkloric dancing will be stressed along with costuming and the role of music and dance in Middle Eastern culture. **No class October 22 and November 12.** ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Agnes Wanman
Fee: \$75
Session: Sep 10-Nov 26
Mon 6:45-7:45 pm

Adult PROGRAMS

Fall Foliage Tour

Come enjoy the colors of the season while learning about native trees. Tours will meet at the information kiosk near the main parking lot and will last approximately 1 hour. Parents and children are welcome. No pre-registration required.

Location: E. Carroll Joyner Park
Instructor: Evan Keto, Town of Wake Forest Urban Forester
Fee: Free
Session: Oct 31
Wed 10:00 am and 2:00 pm





Gentle Yoga (ages 18 & older)

This class will emphasize the healing benefit of yoga with slower movements and connection to the breath. All levels are welcome. It will be especially beneficial for those who are recovering from injury or illness, or if you simply want a deep gentle yoga experience.

Requirements: Please bring a mat and wear clothes that will allow you to move freely. ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Sunny Davis
Fee: \$10 drop-in or \$60 per six-week session
Sessions: **Sep 12-Oct 17**
 Wed 10:00-11:30 am
Oct 31-Dec 5
 Wed 10:00-11:30 am

Intermediate Belly Dance (ages 16 & older)

For students with previous instruction in Middle Eastern belly dance. Participants will continue to work on basic movements and begin learning finger cymbals and veil movements. **No class October 22 and November 12.** ★ Register at Flaherty Park or online.

Location: Flaherty Park Community Ctr.
Instructor: Agnes Wanman
Fee: \$75
Session: **Sep 10-Nov 26**
 Mon 8:00-9:00 pm

Just for Fun—Adult Line Dancing (ages 18 & older)

Come and learn line dancing to all kinds of music. Participants will learn basic dancing, advancing each week with new line dances. Most dances have a pattern of 32 counts. We will review each week. New and returning students are welcome. No partner or experience necessary. **Classes will meet on a continuing basis. No pre-registration required!**

Location: Wake Forest Community House
Instructor: Ronnie Pignataro
Fee: \$8 per class
Session: **Sep 12-Dec 12**
 Wed 6:00-7:15 pm



Introduction to Sewing (ages 14 & older)

Welcome to the wonderful world of sewing! You will learn to complete the project that you bring with you. Please bring a pattern and all required material and notions for that pattern. The instructor will assist in cutting out pattern, pinning, and sewing your creation. Please bring a sewing machine if possible. Space is limited.

Location: Cottage at Olde Mill Stream
Instructor: Jessica Marshall
Fee: \$30
Session: **Oct 20**
 Sat 10:00 am-1:00 pm

Introduction to Scrapbooking (ages 14 & older)

Take your photographs and memories to the next level with scrapbooking. Learn how to decorate each picture or memory to show it off to its full potential. **Requirements: Please bring scrapbook, paper, and photos. Space is limited.**

Location: Cottage at Olde Mill Stream
Instructor: Jessica Marshall
Fee: \$35
Session: **Dec 1**
 Sat 10:00 am-1:00 pm

Tree Care (ages 18 & older)

A comprehensive introductory class on proper tree care practices, including tree selection, planting, pruning, and fertilization.

Location: Wake Forest Town Hall, Ground Floor Meeting Room
Instructor: Evan Keto, Town of Wake Forest Urban Forester
Fee: \$15
Sessions: **Oct 13**
 Sat 9:00 am-12:30 pm
Nov 3
 Sat 9:00 am-12:30 pm

Beginner Tae Kwon Do (ages 18 & older)

Learn martial arts skills, develop self-esteem, confidence, and respect for others. No class the first Thursday of every month. **Note: Please register the first Tuesday of every month with the instructor.**

Location: Wake Forest Community House
Instructor: Kevin Ray
Fee: \$35 per month
Session: **Ongoing**
 Tue & Thu 6:00-6:30 pm

Intermediate Tae Kwon Do (ages 18 & older)

No class the first Thursday of every month. **Note: Please register the first Tuesday of every month with the instructor.**

Location: Wake Forest Community House
Instructor: Kevin Ray
Fee: \$35 per month
Session: **Ongoing**
 Tue & Thu 6:30-7:30 pm

Adult
PROGRAMS

Advanced Tae Kwon Do (ages 18 & older)

No class the first Thursday of every month.
Note: Please register the first Tuesday of every month with the instructor.

Location: Wake Forest Community House
Instructor: Kevin Ray
Fee: \$35 per month
Session: **Ongoing**
Tue & Thu 7:30-8:30 pm

Introduction to Emotional Freedom Techniques (EFT)

Emotional Freedom Techniques (EFT) is a powerful self-help method based on the discovery that emotional trauma contributes greatly to disease. Scientific studies show that EFT is able to rapidly reduce the emotional impact of memories and incidents that trigger emotional distress. This class offers a firsthand EFT experience for individuals afflicted by stress, pain, anxiety, weight issues, phobias, and depression. It's ideal for anyone who is at the point where "nothing else has worked." ★ *Register at Flaherty Park or online.*

Location: Flaherty Park Community Ctr.
Instructor: Sandy Concar, EFT INTc
Fee: \$55 per session
Sessions: **Sep 20**
Thu 6:00-8:30 pm
Oct 18
Thu 6:00-8:30 pm
Nov 15
Thu 6:00-8:30 pm
Dec 13
Thu 6:00-8:30 pm

Holiday Cards Workshop (ages 16 & older)

In this workshop students will learn basic card making techniques. We will have fun with stamping, collage, and simple image transfers. You do not need any art knowledge to enjoy this class. All materials will be included. Participants must attend both classes. ★ *Register at Flaherty Park or online.*

Location: Flaherty Park Community Ctr.
Instructor: Maureen Seltzer
Fee: \$45
Session: **Nov 3 & Nov 10**
Sat 10:00 am-12:00 pm



Special Events



Halloween Spooktacular (ages 12 & younger)

Howl about coming out and goblin up a ghoulish good time this Halloween? A variety of ghostly games and activities will be offered. Costumes are optional but a prize for "best costume" will be awarded. Free pumpkins will be given away while supplies last.

Location: Flaherty Park Community Ctr.
Fee: Free
Date: **Thursday, Oct 25**
6:30-8:30 pm

Calls from Santa (ages 3-7)

Children can receive a personal phone call from Santa this Christmas! Registration forms will be available on the Town's website (www.wakeforestnc.gov) beginning Dec 1. All forms must be returned no later than 5 pm on Dec 12.

Fee: Free
Date: **Thursday, Dec 13**
6:00-8:00 pm

Athletic Leagues



ADULT

Men's Flag Football

Flag football for eight-man teams. Games will be played Sunday afternoons, mid-September through early November. League rules and entry forms will be available at www.wakeforestnc.gov/residents/parksrecreation_adultathletics.aspx.

Fee: \$300/team
Registration: Aug 1-17

Men's Basketball

League will play games on weeknights, September-October. League rules and entry forms will be available at www.wakeforestnc.gov/residents/parksrecreation_adultathletics.aspx.

Fee: \$550/team
Registration: Aug 1-17

Fall Softball (co-rec and men's recreational leagues) – League play begins in mid-August, with games through early October. Registration was held in June.

 **Inclement Weather Line**
(919) 435-9569

Receive notice of game cancellations on your smartphone



Download the free Town of Wake Forest app and receive an alert any time games are cancelled. Search for "Town of Wake Forest" on iTunes, in the iPhone app store, or in Google Play. Visit www.wakeforestnc.gov/app.aspx for more information.

YOUTH

Basketball (boys ages 5-17, girls ages 5-17)

Team practices begin in November. Games are played December through February. League age is determined by participant's age on January 1, 2013.

Fee: \$40 resident*
 \$80 non-resident
Registration: Sep 4-28

Dream League Basketball (ages 5-17)

An adaptive basketball league for special-needs children. League play begins in September with games on Saturday mornings through early November. League age is determined by participant's age on January 1, 2013.

Fee: \$40 resident*
 \$80 non-resident
Registration: Aug 1-31

Birth certificate is required.

A copy of participant's birth certificate must be filed with the Wake Forest Parks & Recreation Department along with a league registration form. Birth certificate is required one time only.

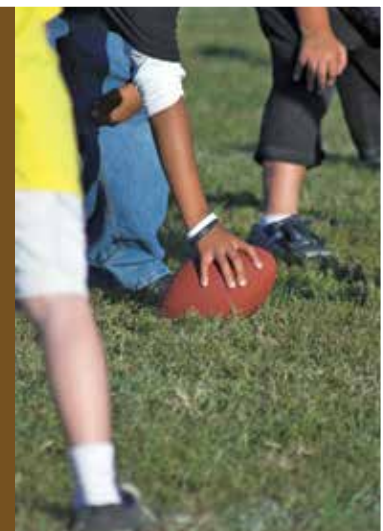
* "Wake Forest resident" lives within the Town limits

Fall Baseball & Softball – League play begins in late August, with games through early October. Registration for fall baseball and softball is held in June.

NFL/Pepsi Punt, Pass & Kick

(boys & girls, ages 7-14)

Date: Sunday, Sep 16; 3 pm
Location: Flaherty Park Field #2
Fee: Free
Registration: Aug 1-Sep 7





Adult Team Registration Form

TEAM NAME:

LEAGUE:

Player Affidavit: Each player must read the following statement and sign the roster form before participating. Incomplete rosters will not be accepted. I understand that by signing this roster I cannot play on another team in the same league, agree to abide by rules and regulations as set by WFPRD, and have read and understand each provision of the Waiver, Release of Liability and Indemnification Agreement on this form and agree to abide by them, and certify that the information provided is correct.

PLAYER NAME (Printed)	ADDRESS (City, State, Zip)	HOME PHONE	WORK PHONE	SIGNATURE
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				
16.				
17.				
18.				
19.				
20.				

MANAGER (Name):

ADDRESS:

HOME PHONE:

WORK PHONE:

EMAIL:

Waiver, Release of Liability and Indemnification Agreement: By signing this document, I hereby absolve the Town of Wake Forest and any individuals, groups, or organizations officially connected in any manner with the above-stated program of all liabilities including equipment loss, property damage, personal injury, or death. Such absolution is to be binding when the above individuals are acting within the scope of the activity. I hereby accept the supervision, facilities, and equipment as being satisfactory for the league named above. I understand that insurance coverage is my responsibility, and that I have read and agree to the terms stated above.

I certify that the information given above is correct to the best of my knowledge. In addition, I verify that I am aware that it is my responsibility to inform my team members of the rules and regulations of the Wake Forest Parks and Recreation Adult Leagues.

MANAGER'S SIGNATURE:

Photo Release: Your likeness may be captured by the Town of Wake Forest for use in promotional, news, or informational media. Your participation in this activity implies your consent. If you do not wish for your photo to be used, please contact the Parks & Recreation Department at (919) 435-9560.

Submit roster to: Town of Wake Forest Parks & Recreation Department
301 S. Brooks Street Wake Forest, NC 27587 | (919) 435-9560 | Fax: (919) 435-9499

LEAGUE AGE CHART



Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	AGE
2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	5
2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	6
2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	7
2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	8
2003	2003	2003	2003	2003	2003	2003	2003	2003	2003	2003	2003	9
2002	2002	2002	2002	2002	2002	2002	2002	2002	2002	2002	2002	10
2001	2001	2001	2001	2001	2001	2001	2001	2001	2001	2001	2001	11
2000	2000	2000	2000	2000	2000	2000	2000	2000	2000	2000	2000	12
1999	1999	1999	1999	1999	1999	1999	1999	1999	1999	1999	1999	13
1998	1998	1998	1998	1998	1998	1998	1998	1998	1998	1998	1998	14
1997	1997	1997	1997	1997	1997	1997	1997	1997	1997	1997	1997	15
1996	1996	1996	1996	1996	1996	1996	1996	1996	1996	1996	1996	16
1995	1995	1995	1995	1995	1995	1995	1995	1995	1995	1995	1995	17

▲ **Basketball Leagues** Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.



Proof of Age

First Time Participants

A copy of the participant's birth certificate must be presented with the registration form at the time of registration. Registrations will not be accepted without a copy of the participant's birth certificate.

Returning Participants

A copy of the participant's birth certificate must be filed with the Wake Forest Parks & Recreation Department along with the registration form.



ONLINE REGISTRATION

Returning participants may register at the Town of Wake Forest website:

www.wakeforestnc.gov/residents/parksrecreation_youthathletics.aspx

First time participants must register at Wake Forest Town Hall, 301 S. Brooks Street.

Participant Information

Please complete one form per person. Make copies as necessary.

ARE YOU A WAKE FOREST RESIDENT?:

- Yes No

GENDER:

- Male Female

AGE: _____

DATE OF BIRTH: _____

LAST NAME: _____	FIRST NAME: _____
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ADDRESS: _____

CITY: _____	STATE: _____	ZIP: _____
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HOME PHONE: _____	CELL PHONE: _____	EMAIL ADDRESS (optional): _____
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I would like to receive occasional email communications about Town of Wake Forest programs, services, and special events. By agreeing to receive email communications about Town of Wake Forest programs, services, and events, I understand my email address becomes subject to NC Public Records Law and could be provided to other organizations upon request. I may unsubscribe at any time.

Youth Athletic Leagues Only:

SCHOOL: _____

GRADE: _____

FATHER'S NAME: _____

FATHER'S DAY PHONE: _____

MOTHER'S NAME: _____

MOTHER'S DAY PHONE: _____

JERSEY SIZE: PANTS SIZE:

- | | |
|-----------------------------------|-----------------------------------|
| <input type="checkbox"/> Youth S | <input type="checkbox"/> Youth S |
| <input type="checkbox"/> Youth M | <input type="checkbox"/> Youth M |
| <input type="checkbox"/> Youth L | <input type="checkbox"/> Youth L |
| <input type="checkbox"/> Adult S | <input type="checkbox"/> Adult S |
| <input type="checkbox"/> Adult M | <input type="checkbox"/> Adult M |
| <input type="checkbox"/> Adult L | <input type="checkbox"/> Adult L |
| <input type="checkbox"/> Adult XL | <input type="checkbox"/> Adult XL |

COACHING VOLUNTEERS: (HEAD COACH)

- Dad Mom Both

SIBLINGS:

Name(s) of sibling(s) in same age group/league, if any:

ARE YOU A NEW PARTICIPANT?

- Yes.** You must present a birth certificate along with this registration form in order for the registration to be processed.
- No.** We will confirm that we have your birth certificate on file. If we do not, you must provide one before we can process your registration.

Note: Registration for athletic programs will be accepted only during advertised registration periods.

PROGRAM TITLE / SPORT: _____

STARTING DATE: _____	DAY OF WEEK: _____	TIME: _____	FEE: _____
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Health & Emergency Information

Parent/Guardian Name(s): _____ (H) Phone: _____ (W) Phone: _____

Emergency Contact: _____ (H) Phone: _____ (W) Phone: _____

Special Needs: The Wake Forest Parks & Recreation Department will attempt to provide accommodations for program participants when the need for accommodation is requested within two weeks. To insure a medically safe and appropriately planned program, please list any special need or precaution which may require accommodations for participating (i.e., visual or hearing impairment, mental or physical disability, heart condition, history of seizures, asthma, ADD, etc.)

Physician Name: _____ Phone: _____

Known Allergies: _____

Current Medications: _____

Parent/Guardian and Adult Participation Agreements: I, _____ (parent/guardian), do hereby give my permission for _____ (participant) to participate in the program offered by the Wake Forest Parks and Recreation Department known as _____.

By signing this document, I hereby absolve the Town of Wake Forest and any individuals, groups, or organizations officially connected in any manner with the above stated program of all liabilities concerning personal injury, property damage, equipment loss, or death. I realize that transportation to and from the program is my responsibility, and that if anyone connected with the program transports my child on my behalf, I will hold the party/parties involved blameless of any accident or injury that may occur. Such absolution is to be binding when the above individuals are acting within the scope of the activity. I hereby accept the instructor, supervision, facilities, and equipment, as being satisfactory for the program activity named above. I understand that insurance coverage is my/our responsibility, and I/we certify the I/we have read and agree to the terms stated above and that all information provided is correct to the best of my/our knowledge.

Photo Release: Your likeness may be captured by the Town of Wake Forest for use in promotional, news, or informational media. Your participation in this activity implies your consent. If you do not wish for your photo to be used, please contact the Parks & Recreation Department at (919) 435-9560.

Refund Policy: Class fees and athletic fees are 100% refundable when the class or league is canceled by the Wake Forest Parks & Recreation Department. Anyone wishing to withdraw from a class that has not been cancelled by the Wake Forest Parks & Recreation Department must request a refund, in writing, at least seven business days in advance before the scheduled start of the class or first practice. Refunds will not be given for withdrawals made less than the seven working day period other than for verified medical/hardship cases.

Non-Discrimination Policy: The Wake Forest Parks & Recreation Department does not discriminate on the basis of race, color, national origin, sex, religion, age, sexual orientation or disability in employment opportunities or the provision of services, programs, or activities. A participant alleging discrimination on the basis of the aforementioned areas may file a complaint with the Director of the Wake Forest Parks & Recreation Department or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, DC 20240.

Complete and sign registration form. ▶▶
Return form and full payment by mail or in person.

Town of Wake Forest
 Parks & Recreation Department
 301 S. Brooks Street, Wake Forest, NC 27587

 Parent/Guardian Adult Participant Signature Date

Total Enclosed: \$ _____

Make check payable to: Town of Wake Forest

- I would like to receive an email confirmation of my payment. I have provided my email address above.

OFFICE USE ONLY

- | | | | |
|--------------------------------------|-------------------------------------|-----------------|---|
| <input type="checkbox"/> New | <input type="checkbox"/> Returning | Date Rcvd _____ | Fee Paid _____ |
| <input type="checkbox"/> BC attached | <input type="checkbox"/> BC on file | Rcvd By _____ | <input type="checkbox"/> Cash <input type="checkbox"/> Check # _____ <input type="checkbox"/> Credit Card |



Town of Wake Forest
Parks & Recreation Department
301 S. Brooks Street
Wake Forest, NC 27587

[www.wakeforestnc.gov/
parksrecreation.aspx](http://www.wakeforestnc.gov/parksrecreation.aspx)

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PAID
Wake Forest, NC
Permit #118

Inside ~ Fall Programs and Athletic Leagues

SAVE THESE DATES!

Program Registration

Aug 6:
Registration for all classes
begins

Athletic League Registration

Aug 1-17:
Men's Flag Football and
Men's Basketball registration

Aug 1-31:
Youth Dream League
Basketball registration

Sep 4-28:
Youth Basketball registration



Sprayground

at **HOLDING PARK**

**Wake Forest Kiwanis
Club and the Parks and
Recreation Department are
partnering to build the town's
first sprayground!**

Fundraising efforts to build the sprayground are underway. If you would like to make a donation, please mail your tax deductible contribution to: Wake Forest Kiwanis Club, PO Box 927, Wake Forest, NC 27588. Donations are also accepted at Town Hall, 301 S. Brooks St. Checks should be made out to the Wake Forest Kiwanis Foundation—Sprayground Project.

For more information, contact Kiwanis Club Member Tom Dimmock at (919) 622-5401 or Wake Forest Parks & Recreation Director Ruben Wall at (919) 435-9561 or rwall@wakeforestnc.gov.

